



Community Resources

berkshireunitedway.org/get-help



Berkshire
UNITED WAY

* COMMUNITY NAVIGATORS

Central Berkshire Habitat for Humanity

314 Columbus Avenue, Pittsfield

(413) 442-3181 x0 | connecting@berkshirehabitat.org

* May be able to help individuals with N2N funding

413cares.org

Search for free and low-cost resources in the 413 region.

Mass 211 • dial 2-1-1

Connects you to critical health and human services available in your community.

Learn more about the services our funded partners provide » berkshireunitedway.org/funded-partners (click on the logos)



HEATING/FUEL

Berkshire Community Action Council

(413) 445-4503 (Pittsfield) | **(413) 663-3014** (North Adams)

Monday-Thursday, 9am-3pm | bcacinc.org

* Ask your energy provider about payment plans and assistance



SHELTER + RESOURCES

The Pearl, 21 Pearl Street, Pittsfield, **(413) 320-6550**

The First, 74 First Street, Pittsfield, Tuesday-Saturday, 8:30 a.m. - 4:30 p.m. Resource and community engagement center

Louison House, 149 Church St., North Adams, **(413) 663-6323**

Elizabeth Freeman Center, 24/7 hotline: 866-401-2425 domestic violence, safety planning, shelter



HOUSING

* **Hearthway** (housing solutions)

1 Fenn Street (3rd floor)

Pittsfield | **(413) 499-1630**

hearthway.org (intake form)

(walk-ins: 9am-3pm Tues-Thurs)

UpSide 413

(instability/disputes)

(413) 443-7138

1-800-248-9002

upside413.org

Residential Assistance for Families in Transition (RAFT):

Info and eligibility: hearthway.org/raft-program. Can't access online? Call Hearthway, **(413) 499-1630**.

Tenancy Preservation Program: Works with households at risk of eviction; could be related to a disability or households facing housing instability but not in court yet regardless of disability. Call UpSide 413, **(413) 443-7138**.

UpToCode, <https://madeuptocode.org>: Find out if your home is safe according to the state sanitary code and get the repairs that you need.



FOOD PANTRIES + MEALS

CENTRAL

Pittsfield Community Food Pantry, **(413) 464-8042**

110 South Street, Pittsfield (Church Street entrance)

Wed & Thurs, 7:30-11am (to-go breakfast 7:30-9:30am)

Wednesdays (and take-home dinner), 4:30-5:30pm

The Christian Center, **(413) 443-2828**

193 Robbins Avenue, Pittsfield

Pantry: Monday-Thursday, 9am-2pm | Friday, 9am-1pm

Breakfast: 8:30-10am (Wednesday 9-10am)

Lunch: Monday-Friday, 12-1pm

Mercado De Vida, **(413) 345-2794**

119 Fenn Street, Pittsfield

Mon-Tues 12-3pm / Thurs 2:30-5:30pm (community meal 4:30) / Fri 9am-12pm / Sat 1-5:30pm

Bright Morningstar Kitchen | Berkshire Dream Center

475 Tyler Street, Pittsfield | **(413) 522-3495**

Dinner: Tuesday-Thursday, 4:30-5:30pm

SOUTH

The People's Pantry - St. James Place (CVS side)

5 Taconic Avenue, Great Barrington | **(413) 591-0301**

Tuesdays, 4-6pm | Thursdays, 10am-12:30pm

NORTH

Al Nelson Friendship Center Food Pantry, **(413) 664-0123**

45 Eagle Street, North Adams

Pick up: Wednesday, 10am-2pm; Thursday, 4:30-6:30pm

Deliveries: Thursday, 10am-12pm (call 10am-2pm Wed)

Berkshire Food Project

134 Main Street, North Adams | **(413) 664-7378**

meals: Monday-Friday, 11:30am-1pm

*and farmers markets: berkshireunitedway.org/food-access



MENTAL HEALTH

The Brien Center

Pittsfield and North Adams
(locations: briencenter.org)

(413) 499-0412; 24-hour hotline: (800) 252-0227

NAMI Berkshire County

HelpLine: 1-800-950-NAMI (6264) or text NAMI to 741-741

* Well-Being Guide: namibc.org/resources/local-resources

TrevorLifeline (LGBTQ youth): **866-488-7386**

LGBT Hotline: **888-843-4564** (M-F 4pm-12am, Sat 12-5pm)

Trans Lifeline: **877-565-8860**



HEALTH CARE

Berkshire Health Systems, berkshirehealthsystems.org

Pittsfield: 725 North Street, (413) 447-2000

Great Barrington: 29 Lewis Avenue, (413) 528-0790

North Adams, 71 Hospital Avenue, (413) 447-2000

* Nurse Line: **855-855-2000**

BHS Urgent Care, (413) 997-0930

Pittsfield: 505 East Street, 8am/late registration 7pm

Lenox: 489 Pittsfield Road, 8am/late registration 7pm

Williamstown: 197 Adams Road,

11am-7pm weekdays / 8am-12pm weekends

Volunteers in Medicine (VIM), (413) 528-4014

(uninsured / underinsured / immigrants)

777 Main Street (Suite 4), Great Barrington

199 South Street, Pittsfield

Berkshire Harm Reduction, 413-447-2654

needle drop off (no questions); provide Sharp containers

42 Summer Street, 2nd floor/Suite 201, Pittsfield



MEDICAL EQUIPMENT

Flynn's Pharmacy, 413-445-5567

173 Elm Street, Pittsfield

Home medical equipment (wheelchairs, canes, bathroom safety, and more) – rentals and purchase

UCP of Western MA, 413-442-1562

REquipment Loan Program: free, slightly used equipment for adults and children with disabilities and seniors

Inventory: requepmentma.org

Ramps, etc: ucpwma.org, under Assistive Technology

Call2Talk

1-800-273-TALK

text C2T to 741741

Suicide & Crisis Lifeline

Call or text 988



DISABILITIES SERVICES

Berkshire County Arc

(413) 499-4241, bcarc.org

BFAIR

(413) 664-9382, bfair.org

AdLib, Center for Independent Living

Info and referral, advocacy, peer counseling, skills training, transition services, plus specialized services

(413) 442-7047, adlibcil.org

Mass Rehab, (413) 499-2720

Vocational support for individuals with disabilities

Relocated: 160 North St. (Suite 201), Pittsfield



EMPLOYMENT / TRAINING

MassHire Berkshire Career Center

160 North Street, Pittsfield

(413) 499-2220, masshireberkshirecc.com

Second Street Second Chances

Helps formerly incarcerated individuals access services

264 Second Street, Pittsfield

(413) 443-7220, ext. 3030 | 2nd-street.org



VETERANS

Soldier On, 866-406-8449, wesoldieron.org

transitional housing (413-207-7605) and other services

360 West Housatonic Street, Pittsfield

MA Department of Veterans' Services (617) 210-5480

mass.gov/orgs/executive-office-of-veterans-services



IMMIGRANTS

Berkshire Immigrant Center, (413) 445-4881

67 East Street, Pittsfield | berkshireic.org

BASIC | Berkshire Alliance to Support the Immigrant Community, basicberkshires.org

Central West Justice Center, 800-649-3718

152 North Street, Suite E135, Pittsfield | cwjustice.org



LEGAL AID

Community Legal Aid, (855) 252-5342

For low-income and elderly residents

Pittsfield: 152 North St. (Suite E155), North Adams: 33 Main St.



WOMEN, INFANTS & CHILDREN (WIC)

WIC Nutrition Program through BHS

For all appointments/clinics, call Pittsfield at (413) 447-3495
berkshirehealthsystems.org/community/women-infants-children-wic



NEED DIAPERS?

Berkshire Community Diaper Project

diapersberkshire@gmail.com

berkshirecommunitydiaperproject.org/need-diapers



NEED EYEGLASSES?

Pittsfield Lions Club

(413) 448-2855, LionsClubPittsfield@gmail.com

Collect at Walmart, Berkshire Eye Center, most optician offices



LAUNDRY SERVICE

Laundry Love, low- to no income families and individuals

* Appointments required: call Laurie at **(413) 443-4646**

If you can't call, drop in to make an appointment.

North Street Coin Op, 320 North St., Pittsfield

laundrylove.org



FREE TAX ASSISTANCE

VITA: Volunteer Income Tax Assistance February - mid-April
Central Berkshire Habitat for Humanity, (413) 442-3184
FREE: \$69,000 or less, disabilities, elderly, limited English speaking
berkshireunitedway.org/tax-assistance



WHERE TO DONATE CLOTHING

Christian Center - Clothing Boutique

193 Robbins Avenue, Pittsfield | (413) 443-2828

Monday, Tuesday, Thursday 9am-2pm | Friday 9am-1pm

Elizabeth Freeman Center

66 Allen Street, Pittsfield

Call first (413) 499-2425

* seasonal clothing, winter coats/boots, twin/full mattresses



Child Care of the Berkshires

* new and gently used items for baby/young child

Contact Heather Dinneen

(413) 667-7783 or hdinneen@ccberkshire.org

Habitat ReStore is closed!

berkshirerestore.org - lists other donation sites