

FOOD PANTRIES AND MEAL SITES IN BERKSHIRE COUNTY

(Since program hours and days can change without notice, please call the location to be sure of times and requirements.)

Pittsfield FOOD PANTRIES

Berkshire Dream Center

Morningside Baptist Church
475 Tyler St., Pittsfield
413-522-3495
• Tues., 2:30pm – 3:30pm

Berkshire Dream Center Mobile

413-522-3495

3rd Tues. of the month:

- Dower Square at 5:30pm
- Wilson Park at 6:15pm
3rd Wed. of the month
- Central Annex, 2nd St. at 4:00pm
- Providence Court at 4:45pm
- Berkshire Peak (Old Riverview Apartments) at 5:30pm

Berkshire Humane Society Pet

214 Barker Rd. Pittsfield
413-447-7878

- Tues. & Thurs. 10:00am – 6:00pm
- Wed., Fri., & Sat. 10:00am-4:00pm
- Sundays 1:00pm – 4:00pm
- ✓ Fill out a request card at time of pick-up

Berkshire Veterans' Outreach Ctr.

505 East St., Suite 103 Pittsfield
413-448-6052

- Thurs. 11:00am – 1:00pm
- ✓ Available for veterans and their families

Campus Cupboard at Berkshire Community College

(in the Susan B. Anthony Building)
1750 West St. Pittsfield
413-236-1602

- Mon. thru Fri. 9:00am – 3:00pm
- ✓ (Stop in or schedule appt. www.berkshirecc.edu/student-engagement/campuscupboard)
- ✓ Must be a current BCC student with a BCC student ID

Christian Assembly Church

850 Williams St. Pittsfield
413-442-1495

- Wed. & Fri. 10:00am – 1:00pm
- ✓ Assistance provided

Christian Center Client Choice

193 Robbins Ave. Pittsfield
413-443-2828

- Mon. thru Fri. 9:00am – 2:00pm
- ✓ Assistance available once a week

First Baptist Church

88 South St. Pittsfield
413-445-4539

- Tues. 10:30am – 12:30pm
- ✓ Sign in when utilizing services

First United Methodist Church

55 Fenn St. Pittsfield
(Use Fenn St. entrance)
413-499-0866

- Tues. 4:00pm – 5:30pm

Mercado De Vida

✓ Bring your own bags if you can
O.U.R. Resurge Community Bldg.
119 Fenn St. Pittsfield

- Mon. 6:00pm – 8:00pm
- RE-Define Community Center
5 Melville St. Pittsfield
- Tues. 11:00am – 2:00pm
- Thurs. 11:00am – 5:00pm
- Sat. 3:00pm – 5:00pm

St. Joseph's Church

(Held at the Parish Center)
414 North St. Pittsfield
413-445-5789

- Wed. 8:30am – 10:00am
- ✓ Sign in when utilizing services

St. Mark's Church

400 West St. Pittsfield 413-447-7510

- Last two Fri. of each month
9:00am – 11:00am

The Salvation Army

298 West St. Pittsfield
413-442-0624

- Mon., Tues., and Wed.
12:30pm – 3:00pm

Soldier On Food Pantry

360 West Housatonic St. Pittsfield
413-236-5644

- Sat., 7:00am – 11:00am

South Community Food Pantry

110 South St. Pittsfield
413-464-8042, ext. 19

- Wed. & Thurs. 7:30am – 11:00am
- Wed. 4:30pm – 5:30pm
- ✓ Assistance available once a week

South Community Food Pantry Mobile Food Delivery

110 South St. Pittsfield
413-464-8042, ext. 19

- ✓ Deliveries on Mon., Tues., & Wed.
if you don't have transportation to come in person

Pittsfield MEAL SITES

BREAKFAST MEAL SITES

Christian Center

193 Robbins Ave. Pittsfield
413-443-2828

Continental Breakfast

- Mon. thru Fri. 8:30am – 10:30am

First United Methodist Church

55 Fenn St. Pittsfield
(Use Fenn St. Entrance)
413-499-0866

- Tues. - 8:00am – 9:30am (Harvest Table Breakfast)

The Salvation Army

298 West St. Pittsfield
413-442-0624

- Mon. thru Thurs. Brunch served
10:30am – 11:30am

South Community Food Pantry - St. Joseph's Kitchen

110 South St. Pittsfield
413-464-8042, ext. 19

- Wed. & Thurs. 7:30am – 9:00am
- Grab & Go Breakfast Bag

LUNCH MEAL SITES

Bright Morningstar Kitchen Dine with Dignity

475 Tyler St. Pittsfield- Downstairs
413-522-3495

- Tues. & Fri. 11:30am – 12:30pm

Cathedral of the Beloved

292 North St. Pittsfield
413-344-8262 or 413-344-8092

- Sundays 2:00pm
- ✓ The 2pm service will include coffee and will be followed by a free meal.
- ✓ Held indoors in the auditorium of the Berkshire Family YMCA

Christian Center

193 Robbins Ave. Pittsfield
413-443-2828

- Mon. thru Fri. Noon – 1:00pm

Jewish Federation at Knesset Israel Synagogue

16 Colt Rd. Pittsfield
413-442-2200

- Mon., Tues., & Thurs. 11:45 – Noon
- ✓ No Tues. meals in June, July, August, and September
- ✓ Grab & Go - Pick-up at kitchen door
- ✓ In-person dining option also Kosher senior meals by reservation by calling 413-442-2200. MUST CALL NO LATER THAN 9AM SAME DAY

Pittsfield Senior Center

330 North St. Pittsfield
413-499-9346

- Mon. thru Fri. 10:30am – 12:30pm
- ✓ Modified congregate meals Take and go meals
- ✓ Call 1 day ahead by Noon for reservations
- ✓ Recommended \$3 donation for seniors 60 and over

Price Memorial AME Zion Church

163 Linden St. Pittsfield
413-464-7827

- Saturdays 11:00am – 1:00pm
- ✓ Bagged lunches to go – Call Connie at 413-358-8393 for information on deliveries

DINNER MEAL SITES

Bright Morningstar Kitchen Dine with Dignity

475 Tyler St. Pittsfield - Downstairs
413-522-3495

- Wed. 4:30pm – 5:30pm

First Baptist Church – “Feed My Sheep”

88 South St. Pittsfield
413-445-4539

- Mon. 5:30pm – 6:00pm

First United Methodist Church

55 Fenn St. Pittsfield
(Use Fenn St. entrance)
413-499-0866

- Tues. - Harvest Table Meal
4:00pm – 5:30pm

St. Stephen's Church

67 East St. (Enter on Allen St.) Pittsfield
413-448-8276

- Thurs. & Fri. 4:30pm - 5:30pm

The Salvation Army

298 West St. Pittsfield
413-442-0624

- Sundays 4:30pm

South Community Food Pantry

St. Joseph's Kitchen
110 South St. Pittsfield
413-464-8042, ext. 19

- Wed. 4:30pm – 5:30pm
- ✓ A cooked take-home dinner is available

Becket, Dalton & Hinsdale FOOD PANTRIES

Becket Federated Church Parish House

3381 Main St. Becket
413-841-1701
413-623-5217

- 1st & 3rd Saturdays of each month
9:00am – 11:00am
- ✓ For Becket, Washington, and the surrounding Hilltowns
- ✓ Emergencies: 413-770-1897

Dalton United Methodist Church

755 Main St. Dalton
413-684-0521

- Tues. 4:00pm – 6:00pm
- ✓ Open to Berkshire County residents

The Food Bank of Western Massachusetts

Mobile Food Bank
Held at the Dalton CRA
400 Main St. Dalton
413-247-9738, ext. 121

- 4th Wed. of each month
11:00am – Noon Rain or shine

Hinsdale Food Pantry

Located at Hinsdale Trading Company
Parking Lot
371 Old Dalton Rd. Hinsdale
413-655-2670

- Thurs. 10:00am – 11:00am

St. Agnes Church

489 Main St. Dalton
413-684-0125

- Thurs. 5:30pm – 6:00pm
- ✓ For Dalton and Hilltown residents only

Lanesboro Food Pantry

American Legion
Located in the old school house in
Berkshire Village
144 Old State Rd. Lanesboro
413-442-1025

- Fri. 9:00am – 11:00am

Dalton MEAL SITE

LUNCH MEAL SITE

Dalton Senior Center

(Hosted by the Dalton Council on Aging)
40 Field St. Ext. Dalton
413-684-2000

- Mon. and Thurs. Noon – 1:00pm
- ✓ Congregate meals or grab & go available for seniors
- ✓ Recommended donation of \$3
- ✓ Need 24 hour notice. Call 684-2000

SUNDAY COMMUNITY LUNCH

Dalton Senior Center

(Hosted by the Dalton Council on Aging)
40 Field St. Ext. Dalton
413-684-2000

- 1st & 3rd Sundays of each month
1:00pm
- ✓ ALL AGES WELCOME!
- ✓ Donations are appreciated

North County FOOD PANTRIES

Adams COA Mobile Food Bank

Food Bank of Western Mass.
3 Hoosac St. Adams
413-743-8333

- 2nd and 4th Tues. of every month
10:00am – 11:00am
- ✓ Walk-up location
- ✓ One distribution per household
- ✓ Must be a Berkshire County resident

Adams COA Brown Bag

3 Hoosac St. Adams
413-743-8333

- 4th Fri. of every month
11:00am – Noon
- ✓ For residents 60+. Must complete application to join program.

Al Nelson Friendship Center

45 Eagle St. North Adams
413-664-0123

- Wed. 10:00am – 2:00pm
- ✓ Friends physically unable to get to the food pantry, call on Wed. between
- ✓ 10am-2pm to set-up a delivery which will take place on Thurs., 10:00am – Noon
- ✓ Assistance to residents of Clarksburg, Florida, and North Adams every other week

Berkshire Dream Center Mobile Food Pantry

413-522-3495
4th Wed. of the month at the following
North Adams locations:

- Mohawk Forest at 5:00pm
- Brayton Hill at 6:00pm
- Greylock at 6:45pm

Berkshire Family YMCA Northern Berkshire Branch

22 Brickyard Court North Adams
413-663-6529

- Mon. – Fri. 6:00am – 8:00pm
- Saturdays 8:00am – 2:00pm
- Closed on Sundays

Cheshire Food Pantry

Held at the Cheshire School
190 Church St. Cheshire
413-464-2024

- 1st Saturday of each month
11:00am – Noon
- ✓ Available to all Cheshire residents with proof of residency
- ✓ Emergency food is also available

Community Bible Church

160 Bridges Rd. Williamstown
413-458-5556

- 3rd Wed. of each month
Noon – 2:00pm

The Food Bank of Western Massachusetts Mobile Food Bank

Brien Center Parking Lot
124 American Legion Drive
North Adams
413-247-9738 ex 121

- 1st and 3rd Fri. of each month
10:00am – 11:00am
- ✓ Drive through or walk-up

North Adams COA Brown Bag Distribution at Spitzer Center

116 Ashland St. North Adams
413-662-3125

- 4th Fri. of every month
12:30pm – 1:30pm

The Salvation Army Gateway New Life Center

393 River St. North Adams
413-663-7987

- Tues. Noon – 3:00pm Drive or walk-thru
- Deliveries on Wed. Noon – 2:00pm
Call Tues. 10:00am – Noon to schedule a delivery
- ✓ For North County residents only
- ✓ Emergency Pantry call 413-663-7987

Williamstown COA Brown Bag Distribution at the Harper Center

118 Church St. Williamstown
413-458-8250

- 4th Fri. of every month 1:00pm
- ✓ For residents 60+. Must complete application to join program

Williamstown Food Pantry

At St. Patrick & St. Raphael Parish
53 Southworth St. Williamstown
413-458-4946 x11 or 413-458-3149

- 1st & 3rd Wed. of each month
9:00am – Noon
- ✓ Holidays could be different
Drive or walk-thru
- ✓ Assistance to residents of Hancock, New Ashford, Williamstown, and Pownal, VT

North County MEAL SITES

Breakfast, Lunch, & Dinner

Adams COA

3 Hoosac St. Adams
413-743-8333

- Congregate meals Mon. thru Thurs. at 11:30am
- ✓ 60+ (\$3 suggested donation)
- ✓ If under 60, price is \$8
- ✓ Grab & Go Meals
Fri. 11:00am – 11:30am
Please call 24 hours in advance to register for a meal at 413-743-8333

Berkshire Food Project

First Congregational Church of North
Adams 134 Main St. North Adams
413-664-7378

- Mon., Wed., and Fri.
11:30am – 1:00pm

Cheshire COA

Held at Cheshire Community Center
119 School St. Cheshire
413-743-9719

- Mon. thru Fri. Grab & Go – Pick up at 10:30am Mon., Tues., & Wed.
- Congregate meals available at 11:30am
- ✓ Must call Cheshire COA to make a reservation

First Baptist Church Community Soup Kitchen

Eagle St. Entrance 131 Main St.
North Adams 413-652-7619

- Saturdays 11:00am – Noon

Williamstown COA

Distribution at the Harper Center
118 Church St. Williamstown
413-458-8250

- Grab & Go Hot meals
Mon., Wed., and Fri. 11:30am
- ✓ Registration must be completed in advance Residents 60+ \$3 suggested donation

South County FOOD PANTRIES

The Food Bank of Western Massachusetts Mobile Food Bank Held at CHP

444 Stockbridge Rd.

Gt. Barrington 413-247-9738, ext. 121

- 1st Tues. of each month
11am – Noon Rain or shine
- ✓ www.graceberkshires.org

Lee Food Pantry

45 Railroad St.
Lee 413-644-0022

- Saturdays 10:00am – Noon
- ✓ Serves people in Becket, Lee, Lenox Dale, Otis, Stockbridge, Tyringham, & West Stockbridge

Lenox Ecumenical Food Pantry

Located at the United Methodist Church
of Lenox 6 Holmes Rd., Lenox
413-445-5918 or 413-822-8673

- Saturdays 10:00am – 11:00am
- ✓ Serves Lenox and Lenox Dale residents along with our members of Lenox and Lenox Dale churches

Monterey Pantry Pickup

Held at the Meetinghouse 449 Main Rd.
(In the basement) Monterey
413-429-4254 – Call with questions or to schedule a home delivery

- Saturdays 10:00am – 11:00am
- ✓ Deliveries available for Monterey homebound individuals.
- ✓ Monterey area residents can do in-person shopping.

Otis Food Pantry

1 North Main Rd. Otis

- Wed. 9:00am – 11:00am
- ✓ otisfoodpantry@gmail.com
- ✓ On Facebook at: Otis Food Pantry

Peoples Pantry

5 Taconic Ave. at St. James Place –
Across from CVS Gt. Barrington
www.thepeoplespantrygb.org

- Mon. 4:00pm – 5:30pm
- Thurs. 10:00am – 12:30pm
- ✓ South County residents only

Sheffield Food Assistance

Held at Old Parish Church
125 Main St. Sheffield
413-229-2624

- Mon. 9:00am – 10:00am
- ✓ Must be resident of Southern
Berkshire Regional School District

Stephentown, NY Food Pantry

Stephentown Federated Church
1513 Garfield Rd. (County Rd. 26)
Stephentown, NY 518-487-8606

- Saturdays 9:00am – 11:00am
- Available weekly from your car
- ✓ Serves residents of Hancock and
Stephentown. Need proof of
residency

South County MEAL SITES

LUNCH MEAL SITE

Guthrie Center

2 Van Deusenville Rd.
Gt. Barrington
413-528-1955

- Wed. Free Community Lunch
Noon – 1:00pm

Lenox COA

Community Center
65 Walker St. Lenox
413-637-5535

- Grab & Go
Mon. thru Fri. Noon – 12:30pm
- ✓ If new to program, you must fill
out a form

Sheffield Senior Center

25 Cook Rd. Sheffield
413-229-7037

- Soup & Sandwich Lunch
Mon. 11:30am
- Free from the Sheffield Senior Center
- Wed. & Fri. Meals served at Noon
Provided through Elder Services
- ✓ For residents 60+ \$3 suggested
donation
- ✓ If under 60, price is \$8
- ✓ 1st & 3rd Wed., free to veterans

DINNER MEAL SITES

Berkshire South Regional Community Center

15 Crissey Rd. Gt. Barrington
413-528-2810

- Every other Mon. beginning 8/7
5:00pm – 6:00pm
- ✓ Curbside pick-up only
- ✓ Meals are first come first served
- ✓ Everyone is welcome.

Breaking Bread Community Supper

Held at the American Legion
Corner of Cook Rd. & Rt. 7, Sheffield
413-229-8614

- Thurs. 5:00pm – Grab & go dinners
- ✓ Call for a reservation 413-229-7037
- ✓ Free to all

OTHER FOOD PROGRAMS

Brown Bag Program

- This program is a supplemental monthly
food program offering 10-15 pounds of
food to eligible individuals, 55 years or
older, free or for a small donation. For in-
come eligibility requirements and further
information, call your Council on Aging.

Elder Services' Elder Nutrition Program

- Noontime meals are offered for those 60
years of age and older at several senior
centers throughout the County. Some sites
offer transportation through the Council
on Aging. A suggested donation of
\$3.00 per meal is requested. Individuals
under 60 years of age are welcome for a
required fee of \$8.00 per meal. Call Elder
Services of Berkshire County for informa-
tion and locations at 1-800-981-5201.

Elder Services' Meals on Wheels Program

- Nutritious, hot noontime meals are
offered Mon. through Fri. to homebound
Berkshire seniors, who are 60 years of
age or older. A suggested donation of
\$3.00 is requested to help cover the cost
of food preparation and delivery. There
are eligibility requirements. Please call
Elder Services of Berkshire County at 413-
499-0524 to make a referral for yourself,
family member or friend.

Take and Eat Program

- A program for individuals 60 years of
age and older who are homebound,
unable to prepare meals, shop, or get
out. Meals are delivered on Sundays and
are provided for weekends and three-day
holiday weekends. Contact Kathleen Ryan
at 413-672-1404 or 413-664-1041 for
information.

Food Pantries Need YOU!

Food insecurity is at an all time high across the nation, and Berkshire County is no exception. With rising food costs, and the end of pandemic era benefits, families are being faced with hard decisions of buying nutritious food or paying utility bills, medical costs, transportation costs, and other basic needs. Thanks to the tireless efforts of our community, Berkshire County is home to a robust network of emergency food sites including food pantries, meal sites, school district food distributions, senior centers, and other food access organizations. As the Executive Director of Berkshire Bounty, a food security nonprofit, I witness almost daily how the generous support and care of our community members provides nutritious food for our neighbors in need. **If you are looking to donate food, or your time, every bit helps support this network.**

Emergency food sites across the county are primarily volunteer run. **If you are interested in donating your time, contact Jenny Schwartz at jenny@berkshirebounty.org.** There are a variety of ways to volunteer from delivering



Photo courtesy of The People's Pantry



Photo Courtesy of Berkshire Food Project

food boxes to families homes, or picking up and delivering purchased and donated food. We are mindful to indicate when there is heavy lifting involved (typically a minimum of 40-50#). Food can bring up a lot of emotions for a variety of reasons. Mostly, our volunteers see first hand the inequities of our food system. We ask that volunteers do their best to report to duty in a respectful manner. If anything comes up, please don't hesitate to contact us and share your thoughts.

Berkshire Bounty happily accepts monetary donations. This allows us to buy cases of fruits, vegetables, eggs, cheese and milk in large quantities for partnering food distribution sites.

Donating money is another way to support this network and invest in community food security. The Giving Back Guide is a good way to get to know the organizations doing this work.

Together we can reduce food insecurity, support health, and have a positive impact in our community.

*Authored by: **Morgan Ovitsky**, Executive Director of Berkshire Bounty (<https://www.berkshirebounty.org/>) and **Jenny Schwartz**, Volunteer Coordinator for Berkshire Bounty, and Manager of The People's Pantry in Great Barrington (<https://www.thepeoplespantrygb.org/>)*

FOOD PANTRY ITEMS NEEDED:

If you are interested in donating food, the items most needed include:

- Rice
- Pasta
- Pasta sauce
- Cereal
- Peanut Butter
- Jelly
- Canned beans
- Soups
- Coffee/tea
- Masa Harina
- Cooking Oil
- Kid-friendly snacks

Please be sure to check expiration dates.