

# Northern Berkshire Community Resource Guide

June 2022

*It can be hard to know where to start when looking for help for your neighbor or yourself. There is often help available for most situations, finding the right community resource to fit that situation can be much easier with this guide. This guide outlines local resources. These agencies and programs have a common goal of helping people in our community.*



This resource guide is brought to you by:



Northern Berkshire Community Coalition  
Community Empowerment • Prevention & Wellness

## nbCC's Focus of Work:

*The Northern Berkshire Community Coalition has been organizing and supporting the Northern Berkshire community since 1986. Our mission is to empower the Northern Berkshire region to enhance the quality of life through our efforts at connecting, convening, and supporting all facets of the community.*

*Our vision is to be the catalyst for a healthy, empowered, engaged Northern Berkshire community with an emphasis on:*

**Convening & Connecting Community:** *We engage residents and stakeholders in community conversations to resolve local concerns. In addition, we connect residents to local service agencies and provide opportunities for social engagement.*

**Health and Wellness:** *We help our community make healthy eating and active living the easy choice, as well as create opportunities for access to health and wellness services.*

**Leadership Development:** *We train adults and youth to be leaders within their community and build capacity to make positive change in our region.*

**Substance Use Prevention and Recovery:** *We develop strategies to delay youth alcohol/substance use and support community efforts for addiction recovery.*

**Family Support and Education:** *We provide families within our community with the resources, activities, and group support needed to maintain a strong and resilient family. In addition, we provide workshops and classes for all parents to develop stronger skills to become the best parent they can be for their children.*

**Youth Development:** *We actively build a positive youth development culture by encouraging youth to grow and realize their full potential. In addition, we also support those who work with youth through networking and training efforts.*



Northern Berkshire Community Coalition  
Community Empowerment • Prevention & Wellness

61 Main Street, Suite 218, North Adams, MA 01247  
413.663.7588 • [www.nbccoalition.org](http://www.nbccoalition.org)

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Monday	Tuesday	Wednesday
<b>Berkshire Food Project</b> 11:30am - 1:00pm 1st Congregational Church 134 Main Street, North Adams		<b>Berkshire Food Project</b> 11:30am - 1:00pm 1st Congregational Church 134 Main Street, North Adams
<b>Adams Council on Aging Congregate Meals</b> 11:30am 3 Hoosac Street, Adams	<b>Adams Council on Aging Congregate Meals</b> 11:30am 3 Hoosac Street, Adams	<b>Adams Council on Aging Congregate Meals</b> 11:30am 3 Hoosac Street, Adams
<b>Cheshire Council on Aging Congregate Meal</b> 10:15am - 12:00pm 119 School Street, Cheshire 413-743-9719	<b>Cheshire Council on Aging Congregate Meal</b> 10:15am - 12:00pm 119 School Street, Cheshire 413-743-9719	<b>Cheshire Council on Aging Congregate Meal</b> 10:15am - 12:00pm 119 School Street, Cheshire 413-743-9719
<b>North Adams Council on Aging Congregate Meals</b> 11:30am 116 Ashland Street, North Adams	<b>North Adams Council on Aging Congregate Meals</b> 11:30am 116 Ashland Street, North Adams	<b>North Adams Council on Aging Congregate Meals</b> 11:30am 116 Ashland Street, North Adams
<b>Williamstown Council on Aging Grab N Go Meals</b> 11:30am 118 Church Street, Williamstown		<b>Williamstown Council on Aging Grab N Go Meals</b> 11:30am 118 Church Street, Williamstown
<b>Meals on Wheels</b> Lunch Delivery for Seniors Call Elder Services for Details & Eligibility 413-499-0524	<b>Meals on Wheels</b> Lunch Delivery for Seniors Call Elder Services for Details & Eligibility 413-499-0524	<b>Meals on Wheels</b> Lunch Delivery for Seniors Call Elder Services for Details & Eligibility 413-499-0524
<b>OTHER:</b> Contact your School District regarding the school meal programs provided to students & families. See pages 32-34 for a list of northern Berkshire public schools & contact information.		

## **SIGN-UP to RECEIVE OUR WEEKLY E-ZINE & MONTHLY NEWSLETTER**

Stay informed on what's going on in our area. Our weekly e-zine highlights local community events, workshops, resource updates and more.

Our monthly newsletter will keep you updated on what's been going on at the Coalition and what's coming up in the month ahead.

**SIGN-UP TODAY! [https://bit.ly/nbcc\\_mailinglist](https://bit.ly/nbcc_mailinglist)**

# North Berkshire

Thursday	Friday	Saturday
	<b>Berkshire Food Project</b> 11:30am - 1:00pm 1st Congregational Church 134 Main Street, North Adams	<b>Community Free Lunch:</b> 11:00am - 12:00pm Every Saturday 1st Baptist Church North Adams Use entrance on Eagle Street
<b>Adams Council on Aging Congregate Meals</b> 11:30am 3 Hoosac Street, Adams	<b>Adams Council on Aging Congregate Meals</b> 11:00- 11:30am - <b>Grab N Go</b> 3 Hoosac Street, Adams	
<b>Cheshire Council on Aging Congregate Meal</b> 10:15am - 12:00pm 119 School Street, Cheshire 413-743-9719	<b>Cheshire Council on Aging Congregate Meal</b> 10:15am - 12:00pm 119 School Street, Cheshire 413-743-9719	
<b>North Adams Council on Aging Congregate Meals</b> 11:30am 116 Ashland Street, North Adams	<b>North Adams Council on Aging Congregate Meals</b> 11:30am 116 Ashland Street, North Adams	
	<b>Williamstown Council on Aging Grab N Go Meals</b> 11:30am 118 Church Street, Williamstown	
<b>Meals on Wheels</b> Lunch Delivery for Seniors Call Elder Services for Details & Eligibility 413-499-0524	<b>Meals on Wheels</b> Lunch Delivery for Seniors Call Elder Services for Details & Eligibility 413-499-0524	

**CONTACT INFORMATION:**

- Adams COA** - (413) 743-8333
- Al Nelson Friendship Center Food** - (413) 664-0123
- Berkshire Dream Center Mobile Food Pantry** - (413) 522-3495
- Berkshire Food Project** - [director@berkshirefoodproject.org](mailto:director@berkshirefoodproject.org)
- Cheshire Food Pantry** - (413) 743-9719
- Community Bible Church Food Pantry** - (413) 458-5556
- Community Free Lunch** - 413-663-3780
- Food Bank of Western MA “Brown Bag”** - (413) 247-9738
- Meals on Wheels** - (413) 499-0524
- North Adams COA Meals** - Call Norman at 664-9826
- North Adams Farmers Market** - (413) 664-6180
- Salvation Army** - (413) 663-7987
- St. John Paul Charity Center** - (413) 743-0577
- Take and Eat** - (413) 664-1041
- Veterans Office Food Pantry** - (413) 662-3040
- Williamstown Farmers Market** - [williamstownfarmersmarket.org](http://williamstownfarmersmarket.org)
- Williamstown Food Pantry** - (413) 458-4946 ext. 11
- Williamstown COA** - 413- 458-8250

# Food Access Sites

Monday	Tuesday	Wednesday
<b>Veterans Office Food Pantry:</b> North Adams City Hall, Office 101 8:00am - 1:00pm & 2 - 4:30pm Veterans only. Call 413-662-3040	<b>Food Bank of Western Mass</b> <b>Mobile Food Bank:</b> 10:00am - 11:00am 2nd & 4th Tuesdays Adams COA/Visitors Center 3 Hoosac St., Adams	<b>Al Nelson Friendship Center Food Pantry:</b> 10:00am - 2:00pm 413-664-0123 45 Eagle St., North Adams  For those who can not physically come or are ill, please call on Wednesday to set up a delivery on Thursday between 10am - 12pm.
	<b>Salvation Army:</b> 12:30pm - 3:00pm 413-663-7987 393 River Street, North Adams	<b>Community Bible Church Food Pantry:</b> 1:00pm - 3:00pm 3rd Wednesdays of the Month 413-458-5556 160 Bridges Road, Williamstown
		<b>Berkshire Dream Center Mobile Food Pantry</b> 4th Wednesdays N. Adams: Mohawk Forest at 5:00pm; Brayton Hill at 5:45pm; Greylock Apartment Complex at 6:30pm
		<b>St. John Paul Charity Center:</b> 11:00am - 1:00pm Serves Adams, Cheshire, Savoy 413-743-0577 2 Columbia Street, Adams Clothing for all ages also available.
		<b>Community Bible Church:</b> 3rd Wednesdays 12:00 - 2:00pm 160 Bridges Rd., Williamstown 413-458-5556 (Must be MA resident)
		<b>Williamstown Food Pantry @ St. Patrick &amp; St. Raphael Parish:</b> 9:30am - 12:00pm 413-458-4946 ext.11 53 Southworth Street, Williamstown Serves Williamstown, Hancock, New Ashford, Pownal Form of ID Required Emergency Assistance provided by Phone Only
		<b>Veterans Office Food Pantry</b> North Adams City Hall, Office 101 8:00am - 1:00pm & 2 - 4:30pm Veterans only. Call 413-662-3040

# in North Berkshire

Friday	Saturday	Sunday
<b>Food Bank of Wester Mass Mobile Food Bank:</b> 10:00am - 11:00am 1st & 3rd Fridays The Brien Center 124 American Legion Drive, North Adams	<b>Cheshire Food Pantry:</b> 11:00am - 12:00pm 1st Saturday of Month 413-743-9719 119 School Street, Cheshire	<b>Take and Eat:</b> Delivered Meals, Every Sunday Homebound residents 60+, unable to prepare food  Information & Sign Up Call: Kathleen Ryan 413-672-1404 413-664-1041.
<b>Food Bank of Western Mass "Brown Bag":</b> 4th Friday of Month Distributed from various north Berkshire Council on Aging sites. For people over 55, with income eligibility Call to apply 413-247-9738 1-800-247-9632  11:00am - 12:00pm - Adams 12:30 - 1:30pm - North Adams	<b>North Adams Farmer's Market:</b> 9:00am - 1:00pm <b>OUTSIDE:</b> Every Saturday, June - Oct. The municipal parking lot at the corner of St. Anthony Drive & Marshall Street  <b>Accepts:</b> SNAP/EBT, HIP, Cash, Checks, WIC, & Senior Farmers Market Coupons. <b>DOUBLES SNAP up to \$30.</b>  <b>INSIDE:</b> 1st Saturdays, Nov. - May 9:00am - 1:00pm 85 Main St, North Adams	
<b>WRAPS (Williams College Recovery of All Perishable Surplus):</b> Pre-packaged & frozen meals Roots Teen Center, North Berkshire YMCA and Mohawk Forest. Pick up available during locations' open hours	<b>Williamstown Farmers Market:</b> 9:00am - 1:00pm Every Saturday, May - October Parking Lot @ end of Spring Street, Williamstown  Accepts and doubles WIC/Senior Farmers Market Coupons.  <a href="http://www.williamstownfarmersmarket.org">www.williamstownfarmersmarket.org</a>	
<b>Veterans Office Food Pantry</b> North Adams City Hall, Office 101 8:00am - 1:00pm & 2 - 4:30pm Veterans only. Call 413-662-3040		



# Weekly Recovery

Monday	Tuesday	Wednesday	Thursday
<b>7AM-8AM</b> AA, Sunrise Group Bennington - 1st Baptist	<b>7AM-8AM</b> AA, Sunrise Group Bennington - 1st Baptist	<b>7AM-8AM</b> AA, Sunrise Group Bennington - 1st Baptist	<b>7AM-8AM</b> AA, Sunrise Group Bennington - 1st Baptist
<b>7AM-8AM</b> AA, Sober at Sunrise Pittsfield - George Crane Cntr.	<b>7AM-8AM</b> AA, Sober at Sunrise Pittsfield - George Crane Center	<b>7AM-8AM</b> AA, Sober at Sunrise Pittsfield - George Crane Center	<b>7AM-8AM</b> AA, Sober at Sunrise Pittsfield - George Crane Center
<b>10AM-11AM</b> AA, Mothertown Group Adams - 1st Congregational	<b>10AM-11AM</b> AA, Mothertown Group Adams - 1st Congregational	<b>10AM-11AM</b> AA, Mothertown Group Adams - 1st Congregational	<b>10AM-11AM</b> AA, Mothertown Group Adams - 1st Congregational
<b>12PM-1PM</b> AA, High Noon Group Bennington - 1st Baptist	<b>12PM-1PM</b> AA, High Noon Group Bennington - 1st Baptist	<b>12PM-1PM</b> AA, Nameless Nooner North Adams - All Saints Church	<b>12PM-1PM</b> AA, High Noon Group Bennington - 1st Baptist
<b>12PM-1PM</b> AA, Short & Sweet North Adams - 1st Baptist	<b>12PM-1PM</b> AA, Short & Sweet North Adams - 1st Baptist	<b>12PM-1PM</b> AA, High Noon Group Bennington - 1st Baptist	<b>12PM-1PM</b> AA, Short & Sweet North Adams - 1st Baptist
<b>5:30PM-6:30PM</b> AA, Happy Hour Group Bennington - Turning Point Club	<b>12PM-1PM</b> Al-Anon Meeting Northampton - Virtual/St. John's	<b>12PM-1PM</b> NA, Deeds Not Words Pittsfield - George Crane Center	<b>12PM-1PM</b> NA, Deeds Not Words Pittsfield - George Crane Center
<b>7PM-8PM</b> NA Pittsfield - 1st United Methodist	<b>12PM-1PM</b> NA, Deeds Not Words Pittsfield - George Crane Center	<b>5:30PM-6:30PM</b> AA, Happy Hour Group Bennington - Turning Point Club	<b>12PM-1PM</b> AA, Happy Hour Group Bennington - Turning Point Club
<b>7PM-8PM</b> NA Bennington - 2nd Congo.	<b>7PM-8PM</b> NA North Adams - All Saints	<b>6PM-7PM</b> AA, Berkshire Group Pittsfield - George Crane Center	<b>7PM-8PM</b> NA Adams - Woodstock
<b>7PM-8PM</b> AA, Valley Group North Adams - 1st Congo.	<b>7PM-8PM</b> AA, Keep an Open Mind North Adams - Main St.	<b>6PM-7PM</b> Al-Anon Open Arms Northampton - Virtual/Recovery Center	<b>7PM-8PM</b> AA, Step by Step Williamstown - Paoli
<b>7PM-8PM</b> AA Williamstown - Community Bible Church	<b>7PM-8PM</b> AA, Hillside Group Bennington - 2nd Congregational	<b>7PM-8PM</b> AA, Blacksheep Fireside Williamstown - Comm. Bible Chr.	<b>7:30PM-8:30PM</b> AA Bennington - 2nd Congregational
<b>7PM-8PM</b> AA, Women's Sunset Step South Williamstown - 2nd Congregational	<b>7:30PM-8:30PM</b> AA, Northern Berk. Group Williamstown - St. John's	<b>7:15PM-8:15PM</b> AA, Willmington Group Wilmington - St. Mary's Church	<b>7:30PM-8:30PM</b> NA Pittsfield - George Crane Center
	<b>7:30PM-8:30PM</b> AA, In Focus Step Cheshire - 1st Baptist	<b>7:30PM-8:30PM</b> Al-Anon Greenfield - 2nd Congregational	
	<b>8PM-PM</b> NA, Step by Step Pittsfield - George Crane Center	<b>7:30PM-8:30PM</b> NA, Step by Step Pittsfield - George Crane Center	



# Support Meetings

Day	Friday	Saturday	Sunday
rise Group Baptist	<b>7AM-8AM</b> AA, Sunrise Group Bennington - 1st Baptist	<b>7AM-8AM</b> AA, Sunrise Group Bennington - 1st Baptist	<b>7AM-8AM</b> AA, Sober at Sunrise Pittsfield - George Crane Center
er at Sunrise e Crane Center	<b>7AM-8AM</b> AA, Sober at Sunrise Pittsfield - George Crane Center	<b>7AM-8AM</b> AA, Sober at Sunrise Pittsfield - George Crane Center	<b>9AM-10PM</b> AA, 11th Step Group North Adams - All Saints Church
othertown Group regational	<b>10AM-11AM</b> AA, Mothertown Grp. Adams - 1st Congregational	<b>9AM-10AM</b> AA, Mothertown Group Adams - 1st Congregational	<b>9AM-10AM</b> AA, Living Sober Group Bennington - Veterans Home
h Noon Group Baptist	<b>12PM-1PM</b> Al-Anon Meeting Northampton - St. John's	<b>9:30AM-11AM</b> Al-Anon Step Northampton - 1st Churches	<b>11AM-12PM</b> NA Pittsfield - George Crane Center
ort & Sweet ain St.	<b>12PM-1PM</b> AA, Sunnyside Group Williamstown - St. Johns Church	<b>12PM-1PM</b> AA, High Noon Group Bennington - 1st Baptist	<b>1PM-2PM</b> AA, Last House on the Street Group Buckland - Mary Lyon Church
eds Not Words e Crane Center	<b>12PM-1PM</b> NA, Deeds Not Words Pittsfield - George Crane Center	<b>7PM-8PM</b> AA, As Bill Sees It Charlemont - Federated Church	<b>4PM-5:30PM</b> AA, Plug in the Jug Pittsfield - George Crane Center
ter Life LGBTQ e Crane Center	<b>12PM-1PM</b> AA, Nameless Nooner North Adams - All Saints Church	<b>7PM-8PM</b> AA, Blacksheep Fireside Williamstown - Comm. Bible Chr.	<b>5PM-6PM</b> Al-Anon, Women's Step Northampton - Quaker Meeting House
ock South	<b>12PM-1PM</b> AA High Noon Group Bennington (1st Baptist)	<b>7PM-8PM</b> AA, Saturday Nite North Adams - River St.	<b>6PM-7PM</b> AA, Big Brook Adams - Community Center
Recovery rk St.	<b>5PM-6PM</b> NA Adams - Woodstock South	<b>7PM-8PM</b> NA Pittsfield - 1st Church	<b>6:30PM-7:30PM</b> AA, Bennington - St. Peter's Church
A, Hillside Group Congregational	<b>5:30PM-6:30PM</b> AA, Happy Hour Group Bennington - Turning Point Club	<b>7PM-8PM</b> AA, Central Berk. Group Pittsfield - George Crane Center	<b>6:30PM-7:30PM</b> NA Pittsfield - Hillcrest Hospital
A, Living Clean e Crane Center	<b>6:30PM-7:30PM</b> NA Pittsfield - BMC	<b>7:30PM-8:30PM</b> AA, Hillside Group Bennington - 2nd Congregational	<b>7PM-8PM</b> AA, Plug in the Jug Pittsfield - Pilgrim Mem. Church
	<b>7PM-8PM</b> NA North Adams - All Saints		<b>7PM-8PM</b> AA, Sunday Night Williamstown - Community Bible Church
	<b>7PM-8PM</b> NA Pittsfield - Christian Center		
	<b>9:30PM-10:30PM</b> NA Pittsfield - Zion Lutheran Church		

# Disability Services

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**Ad-lib Inc. Center for Independent Living - [www.adlibcil.org](http://www.adlibcil.org)**

215 North Street, Pittsfield ..... (413) 442-7047

*Services for people with disabilities: peer counseling, skills training, information and referral, advocacy, transition services and other specialized programs. Services by appt. only.*

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**Berkshire Family & Individual Resources (BFAIR) - [www.bfair.org](http://www.bfair.org)**

771 S. Church St., N. Adams ..... (413) 664-9382

*Services for people with developmental disabilities, autism, traumatic brain injury and elders. Clinical, vocational, residential, home care, day habilitation, adult family care and family support services.*

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**Brain Injury Association of MA - [www.biama.org](http://www.biama.org)**

180 Elm St., Suite C, Pittsfield ..... (888) 554-5553

*Offers information, resources, and support groups for survivors of traumatic brain injury and family members; educational and prevention workshops and activities.*

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**Easterseals Massachusetts - [www.massalternativefinance.org](http://www.massalternativefinance.org)**

484 Main St., Suite 600, Worcester, MA ..... (508) 751-6428

*Assistive technology and skills training for individuals with disabilities.*

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**Mass. Commission for the Blind - [www.mass.gov/eohhs/gov/departments/mcb](http://www.mass.gov/eohhs/gov/departments/mcb)**

436 Dwight St., Room 109, Springfield ..... (413) 781-1290

*Provides rehabilitation and social services for blind individuals to enable independence.*

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**Mass. Commission for the Deaf & Hard of Hearing**

436 Dwight Street, Room 109, Springfield ..... (413) 788-6427 Voice/TTY

Video Phone ..... (413) 301-0915

*Provides accessible communication, education and advocacy.*

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**Mass. Rehabilitation Commission - [www.mass.gov/orgs/massachusetts-rehabilitation-commission](http://www.mass.gov/orgs/massachusetts-rehabilitation-commission)**

37 Main St., 3rd floor, N. Adams ..... (413) 663-5391 Voice/Tdd

*Education, job training and employment services for people with disabilities.*

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**Multiple Sclerosis - [www.mssupportfoundation.org](http://www.mssupportfoundation.org)**

85 Main St., Suite 202, N. Adams ..... (413) 664-2011

Toll Free ..... (844) 280-7292

*Provides education, support and resources for those affected by multiple sclerosis.*

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**Pathlight - [www.pathlightgroup.org](http://www.pathlightgroup.org)**

75 South Church Street, Suite 402, Pittsfield ..... (413) 443-4780

*Enrichment and skill building classes, autism support services, referral information and supported living options for people with development and intellectual disabilities.*

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**UCP (United Cerebral Palsy) - [www.ucpwma.org](http://www.ucpwma.org)**

535 Curran Highway, N. Adams ..... (413) 664-9345

*Social opportunities, respite, adult foster care, early intervention.*

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# Elders/Older Adults

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**Adams Council on Aging - <http://town.adams.ma.us/council-aging>**

Visitor Center, 3 Hoosac St., Adams.....(413) 743-8333

*Socials, health screening, SHINE counselors, free AARP tax prep and filing, SNAP applications, fitness classes, BCAC fuel assistance sign ups and renewals, referrals/info, meals, transportation and emergency fuel assistance for adults 60+. Serving all in the need of: Salvation Army Unit for Adams/Cheshire/Savoy/Windsor; Providing Emergency Vouchers and Good Neighbor Energy Funds; Neighbor to Neighbor Emergency Grant; DTA Partner: SNAP applications.*

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**Adult Day Health @ The Brien Center - [www.briencenter.org](http://www.briencenter.org)**

124 American Legion Dr., N. Adams.....(413) 664-4048

*Social services, nursing care, exercise, activities and meals for elders and disabled adults in a cheerful, relaxed daytime setting.*

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**Cheshire Council on Aging/Community Center - [www.cheshire-ma.net/council-aging](http://www.cheshire-ma.net/council-aging)**

80 Church St., Cheshire.....(413) 743-1172

*Health testing, socials, transportation.*

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**Clarksburg Council on Aging/Senior Center**

712 W. Cross Rd., Clarksburg.....(413) 663-8253

*Fitness classes, health testing, socials, transportation.*

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**Elder Abuse Hotline - [www.mass.gov/reporting-elder-abuse-neglect](http://www.mass.gov/reporting-elder-abuse-neglect)**

HOTLINE.....(800) 922-2275

*Assist and support for elders w/physical, verbal, financial exploitation or neglect.*

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**Elder Services of Berkshire County, Inc. - [www.esbci.org](http://www.esbci.org)**

877 South St., Pittsfield.....(413) 499-0524

Toll Free.....(800) 544-5242

*Nutrition/meals on wheels, information and referral, case management, respite care, homemaker and personal care assistance and nursing home preadmission screenings.*

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**Florida Council on Aging/ Senior Center**

367 Mohawk Trail, Florida.....(413) 662-2811

*Education, support, fitness classes, no transportation.*

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**Lanesborough Council on Aging - [www.lanesborough-ma.gov/council-aging](http://www.lanesborough-ma.gov/council-aging)**

83 N. Main Street, Lanesborough.....(413) 448-2682

*Fitness classes, health testing, socials, transportation.*

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**Meals on Wheels - Elder Services/Berkshire County - [www.esbci.org/mow](http://www.esbci.org/mow)**

877 South St., Pittsfield.....(413) 499-0524, (800) 544-5242

*Apply thru Elder Services for home meal delivery for elders and disabled.*

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# Elders/Older Adults (con't)

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**North Adams Commons - [www.northadamscommons.org](http://www.northadamscommons.org)**

175 Franklin St., N. Adams .....(413) 664-4041  
*Accredited nursing care (nursing home).*

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**N. Adams Council on Aging/Mary Spitzer Senior Center -**

**[www.northadams-ma.gov/index.php?nav\\_id=25](http://www.northadams-ma.gov/index.php?nav_id=25)**

116 Ashland St., N. Adams.....(413) 662-3125  
*Fitness classes, health testing, socials, transportation.*

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**Osher Lifelong Learning Institute (OLLI) - at Berkshire Community College -**

**[www.berkshireolli.wildapricot.org](http://www.berkshireolli.wildapricot.org)**

1350 West Street, Pittsfield.....(413) 236-2190  
*Fosters lifelong learning opportunities for mature adults.*

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**Rainbow Seniors of Berkshire County - [www.rainbowseniors.org](http://www.rainbowseniors.org)**

Berkshire County.....(413) 664-6549  
*Rainbow Seniors is a social and support network for LGBTQ elders and their friends.*

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**Savoy Council on Aging/Senior Center**

720 Main St., Savoy .....(413) 743-4290  
*Fitness classes, health testing, socials, transportation.*

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**Social Security Administration - [www.ssa.gov](http://www.ssa.gov)**

96 Marshall St., N. Adams ..... Toll Free (877) 319-5709  
*Office for Social Security programs/SSI/SSDI, federal government programs.*

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**Take & Eat - [www.takeandeat.org](http://www.takeandeat.org)**

Mail: 69 Stryker Rd., Florida .....(413) 664-1041  
*Free, hot nutritious meals delivered to homebound seniors on Sundays.*

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**Williamstown Commons - [www.williamstowncommons.org](http://www.williamstowncommons.org)**

25 Adams Rd., Williamstown.....(413) 458-2111  
*Accredited nursing care (nursing home).*

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**Williamstown Council on Aging/Harper Senior Center - [www.williamstownma.gov/services/council-on-aging](http://www.williamstownma.gov/services/council-on-aging)**

118 Church St., Williamstown. ....(413) 458-8250  
*Social and recreation events, meals, information and referral, exercise and balance classes weekly, blood pressure clinics, footcare, health screening, SHINE insurance counseling, social work, and benefit programs application assistance, home and community visits, Aging Mastery Programming, transportation, seasonal tax preparation, inter-generational programs, Brown Bag, and more.*

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# Employment & Training

**Berkshire Area Health Education Center (AHEC) @BCC - [www.berkshireahec.org](http://www.berkshireahec.org)**

395 Main Street, Dalton.....(413) 842-5160

*Berkshire AHEC empowers communities towards better health by connecting health professionals and the community to high quality health education.*

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**Berkshirejobs.com - [www.berkshirejobs.com](http://www.berkshirejobs.com)**

Berkshirejobs.com .....(413) 663-3384

*Internet job listing/search.*

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**EforAll - Entrepreneurship for All**

437 North Street, Pittsfield ..... 1-(833)-336-7255 x7209

*Entrepreneurship for All (EforAll) is accelerating economic and social impact in communities nationwide through inclusive entrepreneurship.*

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**Goodwill Industries of the Berkshires and So. Vermont - [www.goodwill-berkshires.com](http://www.goodwill-berkshires.com)**

Store: 166 State St. N. Adams.....(413) 749-8999

Training Center: 158 Tyler St., Pittsfield .....(413) 442-0061

*Employment and training for individuals with barriers to employment.*

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**MassHire Berkshire Career Center - [www.masshireberkshirecc.com](http://www.masshireberkshirecc.com)**

160 North St., 3rd Floor, Pittsfield..... (413) 499-2220, Ext. 110

*Employment & training opportunities for adults and youth. Resource room for job search; employment related workshops; job training for eligible customers, Hi-SET for eligible youth.*

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**Mass. Rehabilitation Commission - [www.mass.gov/orgs/massachusetts-rehabilitation-commission](http://www.mass.gov/orgs/massachusetts-rehabilitation-commission)**

37 Main St., 3rd Floor, North Adams.....(413) 663-5391

*Job placement and training for people with disabilities.*

# Family Services

**18 Degrees - [www.18degreesma.org](http://www.18degreesma.org)**

480 West St., Pittsfield.....(413) 448-8281

Toll Free .....(888) 742-7443

*Wide range of family support services and parent education. Programs in N. Berkshire.*

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**Berkshire County Head Start - [www.berkhs.org](http://www.berkhs.org)**

535 Curran Hwy., N. Adams .....(413) 664-7932

1 meadow Lane, Pittsfield ( Main Office) .....(413) 499-0137

*Ages 3-5: Classroom education, home visiting, childcare - sliding fee.*

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**Berkshire County Kid's Place and Violence Prevention - [www.kidsplaceonline.org](http://www.kidsplaceonline.org)**

63 Wendell Ave., Pittsfield .....(413) 499-2800

North Adams.....(413) 662-8017

*Supportive, safe environment, advocacy, counseling, treatment of child abuse.*

## Family Services (con't)

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### **Berkshire Family YMCA - [www.bfymca.org](http://www.bfymca.org)**

22 Brickyard Ct., N. Adams ..... (413) 663-6529

*Preschool and social programs for all ages.*

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### **Berkshire North WIC (Women, Infants, Children) - [www.berkshirehealthsystems.org/wic](http://www.berkshirehealthsystems.org/wic)**

North Adams Campus of BMC, 71 Hospital Ave. .... (413) 663-3012

*For women, infants and children: healthy food, nutrition and breastfeeding information.*

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### **Berkshire Nursing Families - [www.berkshirenursingfamilies.org](http://www.berkshirenursingfamilies.org)**

71 Hospital Ave., N. Adams ..... (413) 344-2800

*Lactation support program. Phone support available.*

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### **Child Care of the Berkshires (CCB) - [www.ccb Berkshire.org](http://www.ccb Berkshire.org)**

Main Office - 210 State St. (Haskins Center), N. Adams ..... (413) 663-6593

Monument Square Early Childhood Center ..... (413) 664-4657

Magic Seasons School Age Program, N. Adams ..... (413) 664-4657

Family Child Care System ..... (413) 664-3256

Magic Seasons School Age Program, Adams ..... (413) 743-2905

*Three north county child care centers (6 wks-12 yrs), offering many parent & family support programs.*

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**Family Center of N. Berkshire @ CCB** ..... (413) 664-4821

*Parent education/support, play and learn groups, and free children's clothing. 0-8 yrs.*

**Healthy Families @ CCB** ..... (413) 445-4324

*Home visiting parent education and support program for first time parents age 20 and under, from pregnancy to age 3. Additional funding available for parents 21-30.*

**Lead Prevention Program @ CCB** ..... (800) 954-0038

*Home visits, information. Lead poisoning prevention and staff trainings. (Free)*

**ParentChild+ Home Program @ CCB** ..... (413) 663-6593 Ext. 27 or 39

*Home visiting program for families with children aged 18 months - 4 years. Promotes literacy & school readiness, provides free books and toys.*

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### **Early Intervention @ UCP - [www.ucpwma.org](http://www.ucpwma.org)**

535 Curran Highway, N. Adams ..... (413) 664-9345

*Children (birth - 3) who have developmental delay or are at risk of a delay. Developmental evaluation, screening and developmentally appropriate treatment options provided.*

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### **Family Resource Center @ nbCC - [www.nbcoalition.org](http://www.nbcoalition.org)**

61 Main St., Suite 218, N. Adams. .... (413) 663-7588

*Working with families ages 0-18, providing family support and parent education in the community, at school, and the home.*

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**First Steps Together - [www.mass.gov/info-details/about-first-steps-together](http://www.mass.gov/info-details/about-first-steps-together)**

See page 35 under Substance Use Supports & Recovery for phone numbers and services.

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**Grandparents Raising Grandchildren Group @ nbCC- [www.nbccoalition.org](http://www.nbccoalition.org)**

61 Main Street, Suite 218, North Adams.....(413) 663-7588

Support group for grandparents raising grandchildren. Childcare, meals provided.

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**Maternal/Child Health @ Berkshire VNA - [berkshirehealthsystems.org/maternalchildhomecare](http://berkshirehealthsystems.org/maternalchildhomecare)**

77 Hospital Ave., N. Adams .....(413) 447-2000

Newborn home visiting / Berkshire VNA.

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**Partners for Community (NE Farm Workers Council) - [www.partnersforcommunity.org](http://www.partnersforcommunity.org)**

141 North St., Suite 106, Lower Level, Pittsfield.....(413) 236-5890

Help in finding quality child care programs throughout Western Massachusetts and information on possible sources to help pay for it.

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**Teen to 23 Project - [www.berkshirenursingfamilies.org/weekly-groups](http://www.berkshirenursingfamilies.org/weekly-groups)**

Haskins School, 210 State St., North Adams .....(413) 743-5338

For pregnant young families, we provide childbirth/breastfeeding education. Also provide peer support and parenting/breast-feeding support for young families with infants. Breast-feeding support group meets every Thursday from 11:00am - 1:00pm.

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**Williamstown Community Preschool - [www.williamstowncommunity.org](http://www.williamstowncommunity.org)**

777 Main St., Williamstown .....(413) 458-4476

Preschool for children aged 15 months - 5 years, after-school: K-6 at Williamstown Elementary School.

**For more information and options for licensed child care in your area, please visit [https://eeclead.force.com/EEC\\_ChildCareSearch](https://eeclead.force.com/EEC_ChildCareSearch) and search by zip code, specific provider, route to work, or radius of the town where you reside.**

## Financial Support Services

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**Berkshire Community Action Council (BCAC) - [www.bcacinc.org](http://www.bcacinc.org)**

85 Main St., N. Adams .....(413) 663-3014

Fuel & emergency assistance. Free tax preparation.

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**Dept. of Transitional Assistance - [www.mass.gov/orgs/departments-of-transitional-assistance](http://www.mass.gov/orgs/departments-of-transitional-assistance)**

37 Main St., N. Adams .....(413) 236-2000

DTA kiosk located at 61 Main St., Suite 218, N. Adams .....(413) 663-7588

Cash assistance: Families (TAFDC) & individuals (EAEDC).

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**Our Lady of Charity Conference (St. Vincent DePaul Society)**

St. Vincent DePaul Society, c/o St. Elizabeth of Hungary.....(413) 664-4835

One-time, short-term family assistance for needs not serviced by other agencies.



## Financial Support Services (con't)

### PopCares - [www.popcares.org](http://www.popcares.org)

P. O. Box 482, Williamstown.....(413) 281-1094  
*For NorthernBerkshire residents battling cancer: Short-term assistance for groceries, gas, dining, or for lodging while patients are undergoing treatment, for patient or caregiver.*

### The Salvation Army - [massachusetts.salvationarmy.org/MA/NorthAdams](http://massachusetts.salvationarmy.org/MA/NorthAdams)

393 River St., N. Adams.....(413) 663-7987  
*Assistance with food and fuel assistance through the Good Neighbor Fund.*

### Social Security Administration - [www.ssa.gov](http://www.ssa.gov)

96 Marshall St., N. Adams.....(877) 319-5709  
*Social security programs/SSI/SSDI, federal government programs.*

## Food Access

**For a complete listing of food pantries and meal sites, see food charts on page 4-7.**

### Berkshire North WIC (Women, Infants, and Children) - [www.berkshirehealthsystems.org/wic](http://www.berkshirehealthsystems.org/wic)

North Adams Campus of BMC, 71 Hospital Ave.....(413) 663-3012  
*Healthy food for pregnant, postpartum and breastfeeding women and children up to 5.*

### Dept. of Transitional Assistance - [www.mass.gov/orgs/departments-of-transitional-assistance](http://www.mass.gov/orgs/departments-of-transitional-assistance)

160 North Street, Pittsfield.....(413) 236-2000  
37 Main Street, N. Adams (limited hours).....(413) 236-2000  
*Supplemental Nutrition Assistance Program (SNAP), also known as food stamps, Healthy Incentive Program (HIP).*

## How to Apply for SNAP



**BY MAIL OR FAX** - Call DTA at 1-877-382-2363. Follow the phone prompts to have an application mailed to you. Mail application to: DTA Document Processing Center, P.O. Box 4406, Taunton, MA 02780-0420 or Fax to (617) 887-8765.



**ONLINE** - Visit [dtaconnect.eohhs.mass.gov](http://dtaconnect.eohhs.mass.gov) and click "APPLY SNAP" to start.



**IN PERSON** - Visit the DTA office at 37 Main Street, N.Adams or the DTA kiosk located at the Northern Berkshire Community Coalition located at 61 Main Street, Suite 218, North Adams.



**BEFORE YOU APPLY, YOU WILL NEED:** birth dates for everyone in the household, Social Security numbers for everyone in the household, household incomes and expenses.

**Growing Healthy Garden Program**

Learn to Grow organic vegetables, fruit, and herbs in various North Berkshire county community and school locations. Free for participants of all ages and abilities.  
Contact Program Manager at 413-663-8131 for more information.

**Hoosac Harvest - [www.hoosacharvest.org](http://www.hoosacharvest.org)**

A citizen-based organization that envisions a vibrant food system in which all members of the Northern Berkshire community participate and have access to locally grown, healthy and sustainably produced food. Offers subsidies for CSAs.

**North Adams Farmers Market - [www.northadamsfarmersmarket.com](http://www.northadamsfarmersmarket.com)**

St Anthony's Municipal Parking Lot at Marshall St. & St. Anthony's Dr.  
June-October Saturdays, 9:00am-1:00pm - November to May First Saturday of the month 9:00am-1:00pm. Indoor season location announced on the website and FB page.  
Accepts SNAP/EBT, HIP, Cash, Credit/Debit, Checks, WIC and Senior Coupons. The market offers a SNAP DOUBLINGmatching program called Market Match.

**Public School Food Distribution Programs**

Call school for details. School phone numbers are listed on pages 32-34.

**Williamstown Farmers Market - [www.williamstownfarmersmarket.org](http://www.williamstownfarmersmarket.org)**

Parking lot at the end of Spring St., Williamstown  
Saturdays, 9:00am-1:00pm. May-October.  
Offering DOUBLE on Senior and WIC FMNP Coupons.

The Northern Berkshire Food Access Collaborative is a working group convened and facilitated by the nbCC's Health and Wellness Coordinator. The group creates space for collaboration among all people connected to the food system. The Collaborative meets regularly. Call nbCC at (413) 663-7588 for more information.

**Gently Used Clothing & Household Items**

**Berkshire Helping Hands - [www.berkshirehelpinghands.org](http://www.berkshirehelpinghands.org)**

189 Beaver Street, Suite 3, North Adams .....(413) 441-3747  
Online community group to assist in meeting needs of neighbors.

**Child Care of the Berkshires Clothing Exchange - <https://www.ccberkshire.org/the-family-center-1>**

210 State Street, North Adams.....(413) 664-4821  
The FREE Children's Clothing exchange is a room full of lightly used clothing. It includes newborn to size 12 clothing and children's shoes and books.

**Goodwill Industries of the Berkshires and So. Vermont - [www.goodwill-berkshires.com](http://www.goodwill-berkshires.com)**

Store: 166 State St., North Adams.....(413) 749-8999  
Provides support services for families and children in crisis/need of clothing and household items.

# VACCINE GUIDELINES\*

*\*Ask your provider if there are other vaccines appropriate for you.*

## **Birth – 2 YEARS**

Hepatitis B (HepB): to prevent liver disease: *3 doses by 18 mos*

Rotavirus (RV): to protect against virus causing diarrhea/vomiting/fever: *2 or 3 doses by 6 mos*

Diphtheria, tetanus, & acellular pertussis (DTaP): immunity to three deadly diseases: *4 doses by 18 mos*

Haemophilus influenzae type b (Hib): to prevent meningitis/pneumonia: *3 or 4 doses by 15 mos*

Pneumococcal conjugate (PCV13): to prevent blood infections and pneumonia: *4 doses by 15 mos*

Inactivated poliovirus (IPV): to prevent paralysis from poliomyelitis : *4 doses by 18 mos*

Measles, mumps, rubella (MMR): to prevent 3 serious childhood diseases: *1 dose by 15 mos*

Varicella (VAR): to prevent chicken pox: *1 dose by 15 mos*

Hepatitis A (HepA): to prevent the (mainly) foodborne form of viral hepatitis: *2 doses by 2 years*

## **2 – 18 YEARS**

Diphtheria, tetanus, and acellular pertussis (DTaP): *Additional dose by 6 years*

Inactivated poliovirus (IPV): *Additional dose by 6 years*

Mumps, measles, and rubella (MMR): *Additional dose by 6 years*

Meningococcal (MenACWY): to prevent viral meningitis: *2 doses by 16 years*

Human papillomavirus (HPV): to prevent certain throat or genital cancers: *2-3 doses, ideally before age 15*

Seasonal flu vaccine *annually*

## **ADULTS > 18 YEARS**

Tetanus/diphtheria (Td) or tetanus, diphtheria, and pertussis (Tdap): *Booster every 10 years for continued immunity. Tdap during pregnancy or for wound management*

Mumps, measles, and Rubella (MMR): *1 to 2 doses if born after 1957*

Varicella (VAR): *2 doses for those without immunity*

Pneumococcal pneumonia (PCV/PPSV): *1 to 2 doses for individuals with underlying conditions*

Seasonal flu vaccine *annually*

## **> 50 YEARS**

Shingrix (RZV): to prevent serious illness caused by varicella (shingles): *2 doses*

Pneumococcal pneumonia (PCV/PPSV): *1 to 2 doses*

Seasonal flu vaccine *annually*

## **Covid-19 vaccination**

5-11 YRS OLD: *2 doses of Pfizer-BioNTech*

12-17 YRS OLD: *2 doses of Pfizer-BioNTech & 1 Booster*

18 YRS OLD & UP: *2 doses of Pfizer-BioNTech or Moderna (preferred), J&J/Janssen (optional) as recommended*

# Health Care Services

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**Adams Internists of BMC** - [www.berkshirehealthsystems.org/location/adams-internists-of-bmc](http://www.berkshirehealthsystems.org/location/adams-internists-of-bmc)

2 Park St., Adams ..... (413) 743-1080

*A comprehensive medical practice providing primary medical care to adults in the Northern Berkshire region*

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**Community Health Programs (CHP)** - [www.chpberkshires.org](http://www.chpberkshires.org)

Family Medical & Dental Center, 71 Hospital Ave., North Adams .... (413) 664-4088

*Provides primary health and dental care. Welcomes all patients and accepts most forms of insurance, including MassHealth. Sliding fee scale for eligible patients.*

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**Ecu-Health Care** - [north.berkshirehealthsystems.org/community-health-wellness/ecu-health-care](http://north.berkshirehealthsystems.org/community-health-wellness/ecu-health-care)

99 Hospital Ave., N. Adams ..... (413) 663-8711

*Health Care access: Help enrolling in health care & public insurance programs.*

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**North Adams Campus of BMC** - [north.berkshirehealthsystems.org](http://north.berkshirehealthsystems.org)

71 Hospital Ave. N. Adams ..... (413) 664-5000

24-Hour Emergency Care ..... (413) 664-5000

Berkshire Family Practice Associates, North County ..... (413) 664-5550

Berkshire OB/GYN of BMC ..... (413) 664-4343

Berkshire Occupational Health ..... (413) 447-2684

Labs & Imaging ..... (413) 664-5000

Renal Dialysis Center ..... (413) 664-5100

Northern Berkshire Specialty Practices of BMC ..... (413) 664-5411

Williamstown Medical of BMC ..... (413) 664-5710

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**Northern Berkshire Pediatrics** - <https://www.northernberkshirepediatrics.com/>

77 Hospital Ave., Suite 302, N. Adams ..... (413) 663-8365

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**The Nutrition Center** - [www.thenutritioncenter.org](http://www.thenutritioncenter.org)

42 Summer St., Suite 306, Pittsfield ..... (413) 429-8110

*Provides nutrition and cooking education services to everyone regardless of insurance or ability to pay. Inspires a healthy relationship with food through counseling, nutrition, and culinary education.*

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**Southwestern Vermont Medical Center** - [www.svhealthcare.org](http://www.svhealthcare.org)

100 Hospital Ave, Bennington, VT ..... (802) 442-6361

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**SVHC Urgent Care powered by ClearChoiceMD** - <https://ccmdcenters.com/locations/north-adams-ma>

856 State Road, North Adams ..... (413) 727-8088

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**UCP (United Cerebral Palsy)** - [www.ucpwma.org](http://www.ucpwma.org)

535 Curran Highway ..... (413) 442-1562 ext. 28

*Durable Medical Equipment Loaner Program - wheelchairs, walkers, scooters, portable (temporary) ramps, canes, tub seats and other mobility devices are often available at no cost due to the generosity of others in the community who donate usable equipment.*

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## Health Care Services (con't)

### **VIM (Volunteers in Medicine) - <https://vimberkshires.org/>**

777 Main Street, Suite 4, Great Barrington, MA.....(413) 528-4014

*Provide access to free, comprehensive health care and translation services for those in the Berkshire region who are income-qualified and uninsured or under-insured.*

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### **Western MA Medical Reserve Corp. - [wmmrc.org](http://wmmrc.org)**

Toll Free ..... (800) 237-3239, (800-BE-READY)

*Health education for emergency preparedness, training to respond to community emergencies.*

## Health Care Services (Home Based)

### **Associated Personal Care - [www.amedisys.com](http://www.amedisys.com)**

55 North St., Pittsfield.....(413) 344-2001

*Services include home health care, hospice support care, and personal care.*

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### **At Home TLC - [www.athometlc.com](http://www.athometlc.com)**

60 Roberts Drive, Suite 310, North Adams .....(413) 664-0746

*Services include home health care, hospice support care, personal care, companionship, errand services and VA services.*

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### **Berkshire VNA - [www.berkshirehealthsystems.org/berkshirevna](http://www.berkshirehealthsystems.org/berkshirevna)**

77 Hospital Ave., N. Adams .....(413) 447-2862

*Disease management, wound & ostomy care, pain & symptom management, infusion services, medication management & education, patient & caregiver education, joint replacement support, fall risk assessment & prevention.*

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### **Home Instead Senior Care - [www.homeinstead.com](http://www.homeinstead.com)**

66 Wendell Ave, Pittsfield .....(413) 216-5455

*Services include home health care, hospice support care, and companionship.*

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### **Hospice of Western & Central Massachusetts - [hospiceofwesternMA.com](http://hospiceofwesternMA.com)**

55 Church St., 2nd Fl., Pittsfield.....(413) 442-0086

*Hospice care for a range of patients with life limiting illnesses.*

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### **Hospice Care in the Berkshires - [www.hcib.org](http://www.hcib.org)**

877 South Street, Pittsfield.....(413) 443-2994

*Provides comfort and support to patients with a life-limiting illness, along with their families. Specializes in care that ensures dignity, peace and comfort.*

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### **Molari - [www.molariinc.com](http://www.molariinc.com)**

166 East St, Pittsfield .....(413) 499-4546

*Services include personal care, meal preparation, light housekeeping, shopping, chore work and companionship.*

## Heating & Energy Programs

### **Berkshire Community Action Council (BCAC) - [www.bcacinc.org](http://www.bcacinc.org)**

85 Main St., N. Adams ..... (413) 663-3014

*LIHEAP/Fuel assistance. Call (413) 663-3014 for appt. Other questions, call (866) 216-6200.*

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### **Citizens Energy - Joe Oil - [www.citizensenergy.com](http://www.citizensenergy.com)**

Toll Free ..... (877) 563-4645

*Offers assistance for oil and gas heat.*

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### **Eversource**

Toll Free ..... (800) 286-5844

*For clients not behind on electric payments, New Start program.*

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### **MASS Energy Consumer Alliance - [www.massenergy.org](http://www.massenergy.org)**

Toll Free ..... (800) 287-3950

*Full service local oil dealers w/discount prices for home heating oil.*

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### **MassSave - [www.masssave.com](http://www.masssave.com)**

Sponsored by National Grid & Berkshire Gas ..... (866) 527-7283

*Free home energy assessments, 0% interest loans, incentives & rebates for energy efficiency.*

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### **National Grid AMP Program**

Toll Free ..... (866) 580-7617 or (888) 211-1313

*Arrears Management Program (AMP) helps customers who qualify for fuel assistance to pay off their current balance.*

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### **The Salvation Army - [www.magoodneighbor.org](http://www.magoodneighbor.org)**

393 River St., N. Adams ..... (413) 663-7987

*The Good Neighbor Energy Fund.*

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## Housing & Homelessness Services

### **Adams Housing Authority - [www.ahauthority.com](http://www.ahauthority.com)**

4 Columbia St., Adams ..... (413) 743-5924

*Subsidized rental assistance based on income. Section 8 housing.*

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### **Berkshire County Regional Housing Authority (BCRHA) - [www.bcrha.com](http://www.bcrha.com)**

1 Fenn St., 4th Floor, Pittsfield ..... (413) 443-7138

Toll Free ..... (800) 248-9002

*Housing services: legal help w/ housing and related issues, mediation/negotiation for landlord/tenant disputes, housing search.*

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## Housing & Homelessness Services (con't)

### **Berkshire Housing Development Corporation - [www.berkshirehousing.com](http://www.berkshirehousing.com)**

1 Fenn St., Pittsfield.....(413) 499-1630

*Subsidized rental assistance based on income, section 8 housing, other housing support.*

### **Louison House - [www.louisonhouse.org](http://www.louisonhouse.org)**

149 Church St. N. Adams and 395 Old Columbia St., Adams .....(413) 663-6323

*Prevention, support, emergency intervention, and housing for the homeless, including shelter services.*

### **North Adams Housing Authority - [www.northadams-ma.gov](http://www.northadams-ma.gov)**

150 Ashland St., N. Adams.....(413) 663-5379

*Subsidized rental assistance based on income. Section 8 housing.*

### **Northern Berkshire Habitat for Humanity - [www.northberkshirehabitat.org](http://www.northberkshirehabitat.org)**

P.O. Box 391, 61 Main St., N. Adams.....(413) 664-4440

*Affordable home ownership for low and moderate income families.*

### **Williamstown Housing Authority - [www.williamstownha.com](http://www.williamstownha.com)**

35 Adams Rd., Williamstown.....(413) 458-8282, (413) 458-5483

*Subsidized rental assistance based on income. Section 8 housing.*

*Some tenants mistakenly think they are covered by the landlord's insurance policy for the building. The landlord's insurance only protects the physical structure and any of the landlord's possessions. If the tenant does not have renter's insurance and there is damage to the property, the insurance for the building will not cover the tenant's possessions. Every renter's insurance policy is different, so it is important for the tenant to understand their specific policy, including the amount of coverage, as well as what acts and events are covered.*

## Immigrant & Cultural Support Services

### **Berkshire Immigrant Center - [www.berkshireic.org](http://www.berkshireic.org)**

67 East St., Pittsfield .....(413) 445-4881

*Support, information and referral for immigrants.*

### **Multicultural BRIDGE - [www.multiculturalbridge.org](http://www.multiculturalbridge.org)**

17 Main Street, Lee, MA.....(413) 394-4029

*Provides workplace development and language classes, education, competency and diversity training, interpreting and translation, immigrant support services, and facilitated community conversations.*



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**VIM (Volunteers in Medicine) - <https://vimberkshires.org/>**  
777 Main Street, Suite 4, Great Barrington, MA.....(413) 528-4014  
*Provide access to free, translation services related to health care services for those in the Berkshire region who are income-qualified and uninsured or under-insured.*

**Information Services**

**1 Berkshire - [www.1berkshire.com](http://www.1berkshire.com)**  
66 Allen St., Pittsfield.....(413) 499-1600  
*General area information, business support.*

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**Citizen Information Service - [www.sec.state.ma.us/cis](http://www.sec.state.ma.us/cis)**  
Toll Free .....(800) 392-6090  
*Massachusetts State Government information and referral.*

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**Massachusetts 211 - [www.mass211.org](http://www.mass211.org)**  
MA Local United Way ..... Dial 211 or Toll free (877) 211-6277  
*24/7 contact for referrals: Berkshires and statewide.*

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**Nonprofit Center of the Berkshires - [www.npcberkshires.org](http://www.npcberkshires.org)**  
40 Railroad Street, Suite 10 Great Barrington, MA 01230.....(413) 441-9542  
*Facilitating growth for charitable organizations through shared resources, affordable services, and creative collaborations.*

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**North Adams Chamber of Commerce - [nachamber.org](http://nachamber.org)**  
P.O. Box 344, North Adams.....businessdevelopment@nachamber.org  
*A membership organization that promotes and advances the economic, civic and social vibrancy of the North Adams community.*

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**Northern Berkshire Community Coalition - [www.nbccoalition.org](http://www.nbccoalition.org)**  
61 Main St., Suite 218, N. Adams .....(413) 663-7588  
*Referrals and information on area services, neighborhood, community & youth programs. See page 2 for more details.*

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**Northern Berkshire United Way - [www.nbunitedway.org](http://www.nbunitedway.org)**  
40 Main St., Box 955, N. Adams .....(413) 663-9062  
*Area agency support and information.*

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**Office of Tourism - [www.northadams-ma.gov](http://www.northadams-ma.gov)**  
City Hall,10 Main St., Suite 107, N. Adams .....(413) 664-6180  
*Area information/tourism, city events.*

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**Public Libraries**  
**Adams Free Library - [www.adamslibraryma.org](http://www.adamslibraryma.org)**  
92 Park St. ....(413) 743-8345

## Information Services (con't)

### Public Libraries (continued)

#### Cheshire Public Library - [www.cheshire-ma.net/library](http://www.cheshire-ma.net/library)

23 Depot St. .... (413) 743-4746

#### Clarksburg Town Library - [www.clarksburgma.us/library](http://www.clarksburgma.us/library)

711 W. Cross Rd. .... (413) 664-6050

#### David & Joyce Milne Public Library - [www.milnelibrary.org](http://www.milnelibrary.org)

1095 Main St., Williamstown ..... (413) 458-5369

#### Florida Free Library

56 N. County Road..... (413) 664-0153

#### North Adams Public Library - [www.naplibrary.com](http://www.naplibrary.com)

74 Church St. .... (413) 662-3133

#### Savoy Hollow Library

720 Main Road ..... (413) 743-3759

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#### Williamstown Chamber of Commerce - [www.williamstownchamber.com](http://www.williamstownchamber.com)

84 Spring Street, Williamstown..... (413) 458-9077

*General area information & resource for businesses, residents & tourists.*

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#### Williamstown Community Chest - [williamstowncommunitychest.org](http://williamstowncommunitychest.org)

84 Spring Street, Williamstown..... (413) 458-2443

*Area agency support and information.*

## LGBTQIA+ Services & Support

#### Elizabeth Freeman Center LGBTQ Services - <https://elizabethfreemancenter.org/learn-more/rainbow/>

61 Main Street, Suite 202, North Adams..... (413) 663-7459

*Specialized LGBTQ counselors and services. Free and confidential counseling, advocacy, and support. (North County LGBTQ counselor: Molly at 413-663-7459) Elizabeth Freeman Center LGBTQ Community Advisory Board - an every-other-month meeting of community members working to make the Berkshires a safe and just place to live for LGBTQ survivors. Email B at [bb@elizabethfreemancenter.org](mailto:bb@elizabethfreemancenter.org) to join us!*

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#### Berkshire Trans Peer Support Group - <https://www.facebook.com/transberkshires/>

Email .....[transberkshires@gmail.com](mailto:transberkshires@gmail.com)

*Peer discussion/empowerment group for adults who are trans, genderqueer, or gender-questioning. Email Ray Garnett at [transberkshires@gmail.com](mailto:transberkshires@gmail.com) or check transberkshires on Facebook for exact dates. Ray Garnett at Berkshire Trans Group also keep an informal list of LGBTQ-friendly and/or competent providers in and around Berkshire County, as recommended by trans community members at Berkshire Trans Group. Email Ray at [transberkshires@gmail.com](mailto:transberkshires@gmail.com) for a copy.*

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#### Safe Spaces Program- <https://18degreesma.org/safe-spaces>

Young Adult Affinity Group for 18-30 yr. olds. Meets Thurs. on zoom. Contact 413-770-7121 or [emlenski@18degrees.org](mailto:emlenski@18degrees.org).

**Rainbow Seniors - <https://rainbowseniors.org>**

Berkshire County.....(413) 664-6549  
Social and support group for LGBTQ seniors age 50 & up. Meetings in North, Central, and South County.

**QSA/GSA/QSUs** individual schools (middle or high) may also have a Gay Straight or Queer Straight Alliance, or Queer Students Unions. If you are unsure if a school has one, the guidance counselor should be aware and know who to direct you to. For contact information for schools please refer to the Schools & Education section on pages 32-34.

**Berkshire Stonewall Community Coalition - <https://berkshirestonewall.org>**

Supports the well-being of LGBTQ+ people of the Berkshires, the board of directors comes from the various LGBT groups in the county, mostly listed here. Working on adding to their website and programming for LGBTQ people in the Berkshires

**Affirmative Counseling - [www.affirmativecounseling.net](http://www.affirmativecounseling.net)**

10 Wendell Ave Extension, Pittsfield.....(413) 358-3038, (413) 358-5697  
Counseling services for Individuals, Families, Adults, Adolescents, and Children.  
Psychotherapy, Consultation, Supervision, and Training. Expertise in gender and sexuality issues.

**Legal & Consumer Services**

**Community Legal Aid - [www.communitylegal.org](http://www.communitylegal.org)**

33 Main St., North Adams.....(413) 499-1950  
152 North St., Pittsfield.....(413) 499-1950  
Free legal advice and representation, divorce clinics, workshops, domestic violence, tax preparation for low- income. Must call and complete intake for appointment.

**Consumer Services Program @ BCRHA - [www.bcrha.com](http://www.bcrha.com)**

1 Fenn St., 4th Floor, Pittsfield .....(413) 344-4861  
Consumer counseling/mediation for individuals with issues or complaints with for-profit businesses.

**The Berkshire Consumer Services @ BCRHA - [www.bcrha.com](http://www.bcrha.com)**

1 Fenn St., 4th Floor, Pittsfield .....(413) 443-7138, ext. 212  
Offers free, voluntary and confidential conflict intervention services to help individuals, schools, neighbors, family, elders, businesses, and community organizations resolve conflicts with the support of an impartial, third party mediator.

**Money Management International - [www.moneymanagement.org](http://www.moneymanagement.org)**

Toll Free .....(800) 282-6196  
Consumer credit services.

**Mental Health/Counseling**

**Mental Health Crisis .....911**  
**Berkshire Crisis Team (operated by the Brien Center) 24/7....(800) 252-0227**

**Berkshire Coalition for Suicide Prevention - [www.berkshirecoalition.org](http://www.berkshirecoalition.org)**

## Mental Health/Counseling (con't)

Suicide Prevention Lifeline - 24/7 ..... Call or Text 988 | 911 for emergencies  
Suicide Loss Support..... [suicidelos@berkshirecoalition.org](mailto:suicidelos@berkshirecoalition.org)  
Suicide Loss Support, ongoing monthly meetings in-person and on zoom, contact:  
[suicidelos@berkshirecoalition.org](mailto:suicidelos@berkshirecoalition.org)

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### **BMC Jones Psychiatric Care (short term)**

Call the Berkshire Crisis Team (operated by the Brien Center) at (413) 499-0412 for intake or go directly to the emergency room.

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### **Brien Center for Mental Health and Substance Abuse Services - [www.briencenter.org](http://www.briencenter.org)**

124 American Legion Drive, N. Adams ..... (413) 664-4541  
Main Office Line ..... (413) 499-0412

Outpatient therapy and psychiatry; individual, family, and group treatment offered for mental health and addiction. Court-mandated treatment for first and second OUI offenders. Urgent access to medications for addiction (e.g. Suboxone). Adult Community Clinical Supports provide comprehensive services for individuals with severe and persistent mental health conditions. 24-hour crisis assessment and intervention services are also available. See page 41 under youth services.

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### **Clinical Support Options (CSO) - [www.csoinc.org](http://www.csoinc.org)**

877 South St., Pittsfield..... (413) 236-5656

Support and counseling for families, individuals, and children in Berkshire County. Outpatient services.

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### **Counseling Center of the Berkshires - [www.cbberkshires.com](http://www.cbberkshires.com)**

34 Depot St., Pittsfield..... (413) 499-4090

Counseling resources for individuals and families.

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### **NAMI Berkshire County (National Alliance on Mental Illness of Berkshire County) - [www.namibc.org](http://www.namibc.org)**

333 East St., Room 417, Pittsfield ..... (413) 443-1666  
Warm Line..... (413) 445-1136

Support, education and advocacy provided to individuals, families and caregivers whose lives are affected by mental illness. A resource library consisting of informational pamphlets, books and literature are available. All services/programs are free. Eligibility: All

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### **Wildflower Alliance - [wildfloweralliance.org](http://wildfloweralliance.org)**

361 North Street, Suite 28, Room 1, Pittsfield..... (413) 464-9807

The Wildflower Alliance supports healing and empowerment for our broader communities and people who have been impacted by psychiatric diagnosis, trauma, extreme states, homelessness, problems with substances and other life-interrupting challenges.

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Call the Family Resource Center at the Northern Berkshire Community Coalition at (413) 663-7588 for a list of north Berkshire private practitioners and the insurance they accept.

## Parks and Recreational Areas

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## Adams

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### **Ashuwillticook Rail Trail - Adams to Lanesborough, 12 Miles**

*Biking, walking, roller skating*

### **Hoosac Valley Elementary School Playground - 14 Commercial St.**

*Playground*

### **Reid Field - Sparrow St.**

*Park, play structures*

### **Renfrew Park - 46 Friend St.**

*Skate park, baseball field, basketball courts, soccer field and play structure*

### **Russell Field - Prospect St.**

*Tennis courts, baseball field, play structure and bike racks*

### **Greylock Glen - Gould Rd.**

*Hiking, biking, walking, bird watching, cross-country skiing*

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## Cheshire

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### **Ashuwillticook Rail Trail - Adams to Lanesboro, 12 Miles**

*Biking, walking, roller skating*

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## Clarksburg

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### **Clarksburg State Park - 1199 Middle Rd.**

*Hiking, walking, swimming, camping, fishing*

### **Clarksburg Elementary School - 777 West Cross Rd.**

*Playground*

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## Florida

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### **Abbott Memorial School - 56 N County Rd.**

*Playground*

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## North Adams

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### **Alcombright Athletic Field - Protection Ave.**

*Baseball, softball, T-Ball, soccer, etc.*

### **Beaver Street Playground - Beaver St.**

*Neighborhood playground, basketball*

### **Brayton Field Playground - Barbour St. near Brayton Elementary School**

*Softball, baseball, youth soccer, basketball, playground*

### **The Cascades - Parking at YMCA**

*Hiking, walking*

### **Colegrove Elementary School - East Main St.**

# Parks and Recreational Areas (con't)

## North Adams (con't)

### *Playground*

#### **Elderly Housing Recreation Area - 150 South Church St.**

*Passive recreation*

#### **Freeman Playground - Corner of Hospital Avenue and Eagle St.**

*Neighborhood playground, girl's minor league softball, basketball*

#### **Greylock School Playground - Phelps Ave.**

*Neighborhood playground, Little League Baseball, basketball*

#### **Joe Wolfe Field - Noel Field Athletic Complex, State St.**

*Baseball, Home of the North Adams SteepleCats - Collegiate Baseball League*

#### **Noel Field Athletic Complex – State St.**

*Basketball with lighting, skatepark, splash pad, picnic, soccer, softball, walking tracks, playground activities, sporting events, basketball, tennis, football, softball*

#### **Joe Girardi Park - Ashton Ave.**

*Canoe launch site, hiking/walking trails*

#### **Johnson School Playground - Corner of Williams and Cady St.**

*Neighborhood playground, basketball*

#### **Kemp Park - Kemp Ave.**

*Neighborhood park and playground, basketball*

#### **Mt. Greylock State Reservation - 456 Notch Rd.**

*Hiking trails, walking, camping*

#### **Natural Bridge State Park - McAuley Rd.**

*Hike, walk, explore*

#### **Notch Reservoir - Reservoir Rd.**

*Hiking, nature observation*

#### **Peter W. Foote Vietnam Veterans Skating Rink - 1267 South Church St.**

*Ice skating, ice hockey*

#### **Ragged Mountain Reservation - Northeast Range of Mount Greylock**

*Hiking, hunting, snowmobiling, wildlife, cross-country skiing, nature observation*

#### **River Grove Park - Corner of River Street and Houghton St.**

*Walking track, playground, youth soccer, youth football, dog park*

#### **Houghton Street Playground - Corner of River Street and Houghton St.**

*Neighborhood playground*

#### **UNO Community Center and Park - 157 River St.**

Basketball, bocce ball

**Windsor Lake - Intersection of Bradley St. and Kemp Ave.**

Picnic, swimming, hiking, boating, fishing, cross-country skiing, special events, playground, mountain biking, Camp Decker, Historic Valley Campground

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**Savoy**

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**Savoy Mountain State Forest - 260 Central Shaft Rd.**

Hiking, walking, camping

**Savoy Elementary School - 26 Chapel Rd.**

Playground

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**Williamstown**

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**Broad Brook Playground - Harrison Ave.**

Playground, basketball, picnic

**Clark Art Institute - 225 South St.**

Walk, run, snowshoe, hike

**Field Farm Reservation - 554 Sloan Rd.**

Hiking, walking, snowshoeing, running

**Haley Farm Trail Head - 1033 Hopper Rd.**

Hiking, walking

**Hopkins Forest**

Walk, hike, run, snowshoeing, cross-country ski

**Linear Park - 24 Water St.**

Playground, picnic, swimming, walking trails

**Linear Park Trails - Woodland Dr.**

Walking, hiking, running, snowshoeing

**Margaret Lindley Park - 201 Cold Spring Rd.**

Swimming, picnic, walking, hiking

**Mount Hope Park - Green River Rd.**

Walking, swimming, picnic, Follow the road through the park and uphill to find Hopper Road and trail heads for Mount Greylock

**Mountain Meadow Preserve - Mason St.**

Hiking, walking, snowshoeing, running

**Pine Cobble Trail Head - Pine Cobble Rd.**

Connects to the Appalachian Trail

**Sheep Hill - 723 Cold Spring Rd.**

Picnic, hiking, and bird watching, seasonal events

**Spruces Park - 60 Main Street, Route 2**



Walk, run, cross-country ski, snowshoe, dog park

**Williamstown Elementary School - 115 Church St.**

Playground

## Pets

**Berkshire Humane Society - [www.berkshirehumane.org](http://www.berkshirehumane.org)**

214 Barker Rd., Pittsfield..... (413) 447-7878

*Pet adoption, low-cost spay and neutering, family dog school, humane education. Pet Food Pantry at the Al Nelson Friendship Center Food Pantry in North Adams when available.*

**Eleanor Sonsini Animal Shelter - [www.sonsinianimalshelter.org](http://www.sonsinianimalshelter.org)**

875 Crane Ave., Pittsfield..... (413) 448-9800

*Pet adoption, pet care, volunteer opportunities, pet fostering network.*

**Greylock Animal Hospital - [www.greylockanimalhospital.com](http://www.greylockanimalhospital.com)**

1028 State Rd., N. Adams..... (413) 663-5365

*Veterinary services.*

**North County Vet - [www.northcountyvet.com](http://www.northcountyvet.com)**

838 Curran Memorial Highway, N. Adams..... (413) 664-4570

*Veterinary services.*

**Dog Parks - See pgs. 26-29, Parks & Rec. Areas. Check under each town for locations.**

## Police

**Emergencies .....911**

**State Police, Route 8, Cheshire .....(413) 743-4700**

**Adams - [www.adamspolice.com](http://www.adamspolice.com)**

4 School St..... business: (413) 743-1212

**Cheshire - [www.cheshire-ma.net/police-department](http://www.cheshire-ma.net/police-department)**

150 Meadowview Dr..... (413) 743-1501

**Clarksburg - [www.clarksburgma.us/police-department](http://www.clarksburgma.us/police-department)**

111 River Rd..... (413) 663-7940, ext. 2

**North Adams - [www.northadams-ma.gov](http://www.northadams-ma.gov)**

11 Summer St. .... (413) 664-4944

**Savoy**

720 Main Road ..... (413) 743-0364

**Shelburne Falls State Police - [www.mass.gov/locations/state-police-shelburne-falls-barracks](http://www.mass.gov/locations/state-police-shelburne-falls-barracks)**

289 Mohawk Trail, Shelburne Falls ..... (413) 625-6311

**Williamstown**

825 Simonds Road .....(413) 458-5733

**Pregnancy/Family Planning/Sexual Health**

**Berkshire Harm Reduction**

See page 35 under Substance Use Supports & Recovery for phone numbers and services.

**New Direction Women’s Center - [www.newdirectionpc.org](http://www.newdirectionpc.org)**

25 First St., Pittsfield .....(413) 347-8005  
Available 24/7 .....(800) 712-4357  
24/7 Text Line .....Text “helpline” to 313131

*Offers a variety of free and confidential pregnancy help services and is a resource for women in unintended pregnancies. Services are provided in a safe and comfortable atmosphere.*

**Tapestry Health - <https://www.tapestryhealth.org/sexual-reproductive-health/>**

289 Church St. at MCLA Wellness Center, North Adams .....(413) 662-5258

*Open 1-6pm on Wednesdays. Birth control; pregnancy testing; Hep.C/HIV/STI testing; emergency contraception; family planning counseling;breast cancer screening;pap smears, pelvic exams;HPV vaccine.*

**Teen to 23 Project - [www.berkshirenursingfamilies.org/weekly-groups](http://www.berkshirenursingfamilies.org/weekly-groups)**

Haskins School, 210 State St., North Adams .....(413) 743-5338

*For pregnant young families, we provide childbirth/breastfeeding education on Thursdays from 11:00am to 1:00pm. Also provide peer support and parenting/breastfeeding support for young families with infants. Breastfeeding support group meets every Tuesday from 10:00am - 12:00pm.*

**Protective & Hotline Services**

**Berkshire Crisis Team**

Operated by the Brien Center 24/7 .....(413) 499-0412

**Department of Children & Families (DCF) -**

**[www.mass.gov/orgs/massachusetts-department-of-children-families](http://www.mass.gov/orgs/massachusetts-department-of-children-families)**

73 Eagle St., Pittsfield .....(413) 236-1800  
Toll Free .....(800) 292-5022  
HOTLINE after 5:00 pm .....(800) 792-5200

*Protection for children who have been abused or neglected in a family setting.*

**Disabled Persons Protection Commission (DPPC)-**

**[www.mass.gov/orgs/disabled-persons-protection-commission](http://www.mass.gov/orgs/disabled-persons-protection-commission)**

ABUSE HOTLINE .....(800) 426-9009

*Protection for children who have been abused or neglected in a family setting.*

## Protective & Hotline Services (con't)

### **Elder Abuse Hotline - [www.mass.gov/reporting-elder-abuse-neglect](http://www.mass.gov/reporting-elder-abuse-neglect)**

HOTLINE ..... (800) 922-2275

*Assist and support for elders w/physical, verbal, financial exploitation or neglect.*

### **Abuse in Hospitals & Nursing Homes Hotline - [www.mass.gov/how-to/file-a-complaint-regarding-a-hospital](http://www.mass.gov/how-to/file-a-complaint-regarding-a-hospital)**

HOTLINE ..... (800) 462-5540

*Assist and support for elders w/physical, verbal, financial exploitation or neglect.*

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### **Elizabeth Freeman Center - [www.elizabethfreemancenter.org](http://www.elizabethfreemancenter.org)**

61 Main St., Suite 202, N. Adams ..... (413) 663-7459

Adams Police Department (counselor's cell phone) ..... (413) 347-0117

HOTLINE 24/7 Confidential Toll Free..... (866) 401-2425

*Domestic violence and sexual assault services for adults and children, including safe shelter, court advocacy, counseling, support groups and trainings.*

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### **National Suicide Hotline - [www.suicidepreventionlifeline.org](http://www.suicidepreventionlifeline.org)**

HOTLINE ..... (800) 273-8255 (800-273-TALK) or 988

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### **Parent Stress Hotline - [www.parentshelpingparents.org/parental-stress-line](http://www.parentshelpingparents.org/parental-stress-line)**

HOTLINE ..... (800) 632-8188

*Help for parents with stress or in crisis.*

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### **Poison Control - [www.webpoisoncontrol.org](http://www.webpoisoncontrol.org)**

HOTLINE ..... (800) 222-1222

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### **Safelinks- [www.mass.gov/service-details/domestic-violence-programs-for-survivors](http://www.mass.gov/service-details/domestic-violence-programs-for-survivors)**

HOTLINE 24/7 ..... (877) 785-2020

HOTLINE 24/7 (TTY) ..... (877) 521-2601

## Schools & Education

### **Adult Basic Education Program - [www.napsk12.org/page/adult-basic-education](http://www.napsk12.org/page/adult-basic-education)**

For more information..... (413) 412-1118

*Basic skills, HISET test preparation, College & Career readiness and ESL Classes.*

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### **BART- Berkshire Arts & Technology Charter Public School - [www.bartcharter.org](http://www.bartcharter.org)**

1 Commercial St., Adams..... (413) 743-7311

*Public, tuition-free charter school for middle and high school students in Northern Berkshire.*

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### **Berkshire County Head Start - [www.berkhs.org](http://www.berkhs.org)**

*See details on page 13 under Family Services.*

**Division of Graduate and Continuing Education @ MCLA - [www.mcla.edu](http://www.mcla.edu)**

375 Church St., N. Adams.....(413) 662-5575  
*Bachelor's degree completion programs, adult evening classes at MCLA and online, professional development for teachers, summer courses, and summer camps for kids.*

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**Hoosac Valley Regional School District - [www.hoosacvalley.org](http://www.hoosacvalley.org)**

125 Savoy Rd., Cheshire .....(413) 743-2939  
*School District Superintendent's Office.*  
**Hoosac Valley Elementary - [www.hoosacvalley.org/hves](http://www.hoosacvalley.org/hves)**  
14 Commercial St., Adams.....(413) 743-0876  
*Grades K - 3, after-school educational programs.*  
**Hoosac Valley Middle and High School - [www.hoosacvalley.org/hvms](http://www.hoosacvalley.org/hvms)**  
125 Savoy Road, Cheshire.....(413) 743-5200  
*Grades 4 - 12 (Adams, Cheshire, Savoy).*

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**McCann Technical School - [www.mccanntech.org](http://www.mccanntech.org)**

70 Hodges Crossroads, N. Adams .....(413) 663-5383  
*Technical high school, Northern Berkshire District. Grades 9 - 12, & Superintendent's office. Training in cosmetology, medical assistance, dental assistance, surgical technologists, practical nursing.*

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**Mount Greylock Regional School District - [www.wlschools.org](http://www.wlschools.org)**

Williamstown.....(413) 458-9582 ext. 4000  
*School District Superintendent's Office.*  
**Mt. Greylock Regional High School - [www.wlschools.org/page.cfm?p=513](http://www.wlschools.org/page.cfm?p=513)**  
1781 Cold Spring Road, Williamstown.....(413) 458-9582  
*Regional middle & high school, grades 7-12 (Lanesboro, Hancock, New Ashford & Williamstown) & Superintendent's Office.*  
**Williamstown Elementary - [www.wlschools.org/page.cfm?p=512](http://www.wlschools.org/page.cfm?p=512)**  
115 Church St., Williamstown .....(413) 458-5707  
*Grades pre-K - 6.*

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**North Adams Public Schools (NAPS) - [www.napsk12.org](http://www.napsk12.org)**

10 Main St., N. Adams .....(413) 662-3225  
*School District Superintendent's & Central Office. All student enrollments are through the Central Office.*  
**Brayton Elementary - [bes.napsk12.org](http://bes.napsk12.org)**  
20 Brayton Hill Terrace, N. Adams.....(413) 662-3260  
*Grades: Pre-K, K-6, after-school program.*  
**Colegrove Park Elementary - [ses.napsk12.org](http://ses.napsk12.org)**  
East Main St., North Adams.....(413) 663-3250  
*Grades K - 6.*

## Schools & Education (con't)

### **Drury High School** - [dhs.napsk12.org](https://dhs.napsk12.org)

1130 S. Church St., N. Adams ..... (413) 662-3240

*Grades 7-12 (N. Adams, Florida, Clarksburg, Monroe, Stamford, Readsboro).*

### **Greylock Elementary** - [ges.napsk12.org](https://ges.napsk12.org)

100 Phelps Ave., N. Adams ..... (413) 662-3255

*Grades K-6, after-school programs.*

### **E-3 Academy** - [www.napsk12.org](https://www.napsk12.org)

The Armory, 206 Ashland St., North Adams ..... (413) 776-1669

*N. Adams alternative high school - (a program of Drury High School)*

### **Northern Berkshire School Union** - [www.nbsunion.com](https://www.nbsunion.com)

26 Union St., Suite 1A, N. Adams ..... (413) 664-9292

*School District Superintendent's Office for Florida, Savoy, Clarksburg, Monroe & Rowe grade schools.*

### **Clarksburg Elementary** - [www.clarksburgschool.org](https://www.clarksburgschool.org)

777 W. Cross Road, Clarksburg ..... (413) 663-8735

*Grades K - 8 for Clarksburg students.*

### **Gabriel Abbott Memorial** - [www.abbottmemorial.org](https://www.abbottmemorial.org)

56 N. County Rd., Florida ..... (413) 664-6023

*Grades pre-K - 8 for Florida students.*

### **Emma L. Miller Elementary** - [www.savoyelementary.com](https://www.savoyelementary.com)

26 Chapel Road, Savoy ..... (413) 743-1992

*Grades pre-K - 5 for Savoy students.*

### **Rowe Elementary** - [www.roweschool.org](https://www.roweschool.org)

86 Pond Rd., Rowe ..... (413) 512-5100

*Grades pre-K - 5 for Rowe students.*

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### **Pine Cobble School** - [www.pinecobble.org](https://www.pinecobble.org)

163 Gale Road, Williamstown ..... (413) 458-4680

*Co-educational, private school, grades pre-K - 9.*

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### **St. Stanislaus Kostka School** - [www.ststansadams.org](https://www.ststansadams.org)

108 Summer St., Adams ..... (413) 743-1091

*Catholic, private school, grades pre-K - 8.*

## Substance Use Supports & Recovery

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### Support Services and Help Lines

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**Al-Anon (for family members) - [www.berkshirealanon.org](http://www.berkshirealanon.org)**

Toll Free .....(888) 425-2666

*Support for family and friends of individuals who misuse alcohol or other substances.*

**Alcoholics Anonymous (AA) - [www.westernmassaa.org](http://www.westernmassaa.org)**

Hotline/Main/Intergroup .....(413) 532-2111

Spanish speaking .....(413) 409-2201

*A fellowship of people who share their experience, strength and hope with each other, that they may solve their common problem, and help others to recover from alcoholism.*

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**Berkshire Harm Reduction - [www.berkshirehealthsystems.org/programs-and-services/berkshire-harm-reduction](http://www.berkshirehealthsystems.org/programs-and-services/berkshire-harm-reduction)**

6 West Main St., North Adams .....(413) 398-5603

510 North St, 6-B2, Pittsfield .....(413) 447-2654

*Free and confidential services include STD, HIV, and hepatitis C testing and treatment; Syringe Service program; overdose education and Naloxone distribution; HIV case management; designated sharps disposal site; free condoms; referrals for health insurance, PCP and other community resources.*

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**Brien Center for Mental Health & Substance Abuse Services - [www.briencenter.org](http://www.briencenter.org)**

124 American Legion Dr., North Adams, MA .....(413) 664-4541

24-hour Crisis Line .....(800) 252-0227

*Outpatient therapy and psychiatry; individual, family, and group addiction treatment. Court-mandated treatment for first and second OUI offenders. Urgent access to medications for addiction (e.g. Suboxone). 24-hour crisis assessment and intervention services are also available. Addiction prevention and treatment services for youth offered at Drury High School, community and clinic settings.*

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**Celebrate Recovery - [www.firstbaptistnorthadams.org](http://www.firstbaptistnorthadams.org)**

131 Main St., N. Adams .....(413) 663-3780

*A Christian-based 12-step program. Call for hours.*

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**First Steps Together - [www.mass.gov/info-details/about-first-steps-together](http://www.mass.gov/info-details/about-first-steps-together)**

Center for Human Development, 141 North St., Ste. 307, Pittsfield. (413) 372-9830

*A home visiting program which includes peer coaching and parenting support programs for moms recovering from opioid dependence. Recovery and parenting group referrals for physical and mental health care and substance use treatment, and connections to community-based services.*

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**George B. Crane Memorial Center - [www.thegbcmc.org](http://www.thegbcmc.org)**

81 Linden Street, Pittsfield .....(413) 464-7066; (413) 281-7407

*AA, NA. Refuge recovery, and other recovery support programs.*

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**Institute for Health and Recovery - [www.healthrecovery.org](http://www.healthrecovery.org)**

Toll Free .....(866) 705-2807

*Facilitate referrals to family residential substance use treatment programs and sober living programs around the state. Can refer pregnant/postpartum individuals; individuals/families with children in their care; individuals/families with children out of their care but with the goal of reunifying in a program.*

# Substance Use Support & Recovery (con't)

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## **Josh Bressette Commit to Save a Life - [www.commit2savealife.org](http://www.commit2savealife.org)**

For information ..... (802) 440-6221

*Financial assistance for recovery.*

## **Learn to Cope (for family members) - [www.Learn2Cope.org](http://www.Learn2Cope.org)**

BMC Cancer Center/HEAL Community Room, 165 Tor Ct, Pittsfield (508) 738-5148

*Support Group Meetings, 2nd & 4th Tuesdays 7:00-8:30 p.m., in person; 1st & 3rd Tuesdays virtually.*

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## **Living in Recovery - [www.thegbcmc.org](http://www.thegbcmc.org)**

81 Linden St., Pittsfield ..... (413) 270-3681

*Community recovery center to aid local recovery community including family members, friends and supports.*

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## **Nar-Anon (for family members) - [www.naranonctma.org](http://www.naranonctma.org)**

For information ..... [www.naranonctma.org](http://www.naranonctma.org)

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## **Narcotics Anonymous (NA) - [www.berkshirena.com](http://www.berkshirena.com)**

Help Line ..... (413) 443-4377

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## **Substance Abuse Helpline - [www.helplinema.org](http://www.helplinema.org)**

Toll-Free ..... (800) 327-5050

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**Recovery Support Meetings - See pgs. 8-9 for a list of weekly AA, NA, and other substance use support groups in the area.**

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## **Detox Centers**

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### **Adcare Hospital - [www.adcare.com/programs/adcare-hospital](http://www.adcare.com/programs/adcare-hospital)**

107 Lincoln St., Worcester, MA 01605 ..... (866) 577-3554

*Round-trip transportation provided.*

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### **Berkshire Medical Center, McGee Unit - [www.berkshirehealthsystems.org](http://www.berkshirehealthsystems.org)**

725 North St., Pittsfield..... (413) 442-1400 or (413) 445-9228

*Detoxification, stabilization and rehabilitation services.*

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### **Clinical Stabilization Services (CSS) Unit @ BMC**

725 North St., Pittsfield..... (413) 447-2927

*Detoxification, stabilization and rehabilitation services.*

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### **Northern Hope Center/Franklin Recovery Center**

21 Kenwood St., Greenfield ..... (413) 733-1423 or (413) 737-2439

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### **Swift River - [www.swiftriver.com](http://www.swiftriver.com)**

151 South Street, Cummington, MA ..... (844) 906-0978, (888) 655-0289



Providing 30 day residential care for those who are suffering from alcohol or substance abuse issues. Dual diagnosis facility specializing in DBT and CBT therapy. Art, music and adventure therapy. Detox center, 15-month online aftercare program with a life coach.

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### Outpatient Programs

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**Adcare Outpatient Services - [www.adcare.com](http://www.adcare.com)**

117 Park Ave., W. Springfield, MA 01089 .....(866) 577-3554

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**Brien Center for Mental Health & Substance Abuse Services - [www.briencenter.org](http://www.briencenter.org)**

333 East St. # 227, Pittsfield, MA .....(413) 499-0412  
124 American Legion Dr., North Adams, MA .....(413) 664-4541  
Crisis Line..... (800) 252-0227 (24-hr)  
60 Cottage St., Great Barrington, MA.....(413) 528-9156

*Intensive Outpatient Program ("Day Treatment"), individual, family and group treatment, medication for addiction (e.g. Suboxone). Court-mandated treatment for first and second OUI offenders. Addiction prevention and treatment services for youth offered in schools, community and clinic settings. 24-hr. crisis services.*

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### Medication Assisted Treatment

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**Better Life Partners**

Call or text .....(866) 679-0831

*Suboxone and same-day treatment for Opioid Use Disorder. Medicaid, Medicare, most insurance, and sliding fee scale accepted.*

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**Brien Center for Mental Health & Substance Abuse Services - [www.briencenter.org](http://www.briencenter.org)**

*See above for address and phone numbers under Outpatient Programs.*

*Urgent access to medications for addiction, including buprenorphine (Suboxone, Sublocade) and naltrexone (Vivitrol). Bridge services to ensure uninterrupted addiction treatment for individuals experiencing homelessness, incarceration, or who were recently started on buprenorphine in an emergency department.*

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**Clean Slate - [www.cleanslatecenters.com](http://www.cleanslatecenters.com)**

77 Hospital Ave, Suite 107, North Adams.....(413) 346-2544

*Outpatient addiction treatment center includes addiction medication-assisted support program and rehabilitation for drug addictions like opioids and alcohol. Accepts Medicare, Medicaid and commercial insurance.*

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**Right Choice Health Group - [www.rightchoicehealthgroup.com](http://www.rightchoicehealthgroup.com)**

152 North St. Suite #250, Pittsfield.....(413) 344-0170

*Offers Suboxone, Vivitrol, Sublocade, Hep C treatment for enrolled individuals. Accepts Mass Health, Medicare, private insurance.*

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**SaVida Health - [www.savidahealth.com](http://www.savidahealth.com)**

77 Hospital Ave, Suite 104, North Adams.....(413) 398-5180  
42 Summer St., Pittsfield .....(413) 236-9100

*Opioid and alcohol addiction treatment including FDA-approved medications combined with*

## Substance Use Support & Recovery (con't)

therapeutic recovery services. Individualized treatment plan includes counseling and case management services.

### **Spectrum Health Systems - [www.spectrumhealthsystems.org](http://www.spectrumhealthsystems.org)**

1274 Curran Highway, North Adams ..... (413) 664-9024

Addiction treatment services including inpatient detoxification, residential rehabilitation, medication-assisted treatment, outpatient counseling and peer recovery support.

### **Residential Long-Term Treatment/Recovery Housing**

### **Alternative Living Center - [www.alternativelivingcenters.com](http://www.alternativelivingcenters.com)**

206 1st St., Pittsfield ..... (413) 499-6300

*Privately operated sober housing, structured living and advanced recovery home.*

### **Keenan House North - [www.briencenter.org](http://www.briencenter.org)**

42-44 Arnold Place, North Adams ..... (413) 662-2480

*A 16-bed, co-ed residential recovery home for people in early recovery from addiction whose co-occurring mental health conditions require clinical support.*

### **Keenan House for Men, @ The Brien Center - [www.briencenter.org](http://www.briencenter.org)**

202 Bradford St., Pittsfield ..... (413) 499-0412

*A 24 bed residential recovery home for people in early recovery from addiction.*

### **Safe Harbor - [www.briencenter.org](http://www.briencenter.org)**

Pittsfield ..... (413) 499-1456

*A permanent housing reunification program for families impacted by substance use.*

### **Supportive Housing - [www.briencenter.org](http://www.briencenter.org)**

Pittsfield ..... (413) 344-1637

*A safe, affordable and sober environment designed to reduce the chances of relapse and promote adaptive living skills (min. 90 days in recovery).*

## Substance Use Support- Tobacco

### **Berkshire AHEC's Tobacco-Free Community Partnership - [www.berkshireahec.org](http://www.berkshireahec.org)**

395 Main St., Dalton ..... (413) 842-5160

MA Quit Now Smoking Hotline ..... (800) 784-8669

*Free resources and support for coalitions, agencies, municipalities and workplaces on strategies to address tobacco issues and promote tobacco-free living.*

## Transportation

### **Angel Flight East - [www.angelflighteast.org](http://www.angelflighteast.org)**

1501 Narcissa Road, Blue Bell, PA .....(215) 358-1900

*Free coordinated flights for passengers who are ambulatory, sufficiently stable, and who have conditions including, but not limited to chemotherapy, clinical trials, burn treatment, chronic congenital conditions or rare diseases, immune conditions that prevent flying on commercial airlines, or other medical issues that need to be addressed far from home.*

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**Berkshire Regional Transit Authority (BRTA) - [www.berkshirerta.com](http://www.berkshirerta.com)**

1 Columbus Ave., Pittsfield .....(413) 499-2782, (800) 292-2782

*Transportation for the Berkshire region. Buses, non-emergency medical transportation. Mass Health patients need permission from doctor.*

---

**County Ambulance - [www.countyamb.com](http://www.countyamb.com)**

175-185 Wahconah St. Pittsfield .....(413) 499-2527

*In partnership with BMC, offering free transportation to residents of North Berkshire to BMC.*

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**CRT Inc. Cabulance - [www.CRTcabulance.com](http://www.CRTcabulance.com)**

16 Oak St., Pittsfield.....(413) 447-3800

*Provides ambulatory and wheelchair transportation services for clients attending dialysis, medical appointments, and more. ADA compliant.*

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**Local Councils on Aging**

Refer to pages 9 - 11 for phone numbers.

*Local medical transportation only.*

---

**Northern Berkshire Community Coalition Bike Collective - [www.nbccoalition.org](http://www.nbccoalition.org)**

Currently hosted at the North Adams Armory .....(413) 663-7588

*A space to convene and build community around bicycles. Bicycles for sale or to earn. Northern Berkshire residents can bring their bikes for basic fixes or maintenance. The bike collective will take bikes and bike part donations.*

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**Northern Berkshire Transport - [www.northernberkshireems.com](http://www.northernberkshireems.com)**

30 Water Street, Williamstown.....(413) 458-9831

*Provides non-emergency medical transportation, including trips to and from doctors' offices, to and from dialysis and radiation centers, and other non-emergency situations that require a high degree of patient care.*

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**RJ Taxi Service**

429 Curran Highway, North Adams.....(413) 346-4907

*Provides cab service to passengers throughout Northern Berkshire County. Open 24 hours, 7 days a week. Offers local and long distance transportation.*

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**Wheels for Wellness - [www.wheelsforwellness.net](http://www.wheelsforwellness.net)**

Call to schedule transportation .....(413) 395-0109

*Volunteer Community Car Ride Service for health-related activities, including vaccinations.*

*Ride hailing services may be available. Download the Uber or Lyft apps to check*

## Veterans Services

### Veterans Crisis Line

Toll Free .....(800) 273-8255 (800) 273-TALK

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### American Red Cross - [www.redcross.org](http://www.redcross.org)

Springfield, MA 01104 .....(413) 737-4306, ext. 1929

Call Center.....(877) 272-7337

*Service to Armed Forces (SAF) outreach services provides information and referrals, local resources, and family follow-ups. Call center provides emergency communication, financial assistance and veteran services.*

---

### Office of Veteran Services

City Hall, 10 Main St., N. Adams..... (413) 662-3040

Town Hall, 8 Park St., Adams.....(413) 743-8300 ext. 125

31 North St., Williamstown.....(413) 458-4106

*Services, advocacy and support for veterans.*

---

### Soldier On - [www.wesoldieron.org](http://www.wesoldieron.org)

360 West Housatonic St., Pittsfield.....(413) 236-5644

425 N. Main St., Leeds, MA.....(413) 582-3059

*Shelter, treatment, employment services for veterans of U.S. military service.*

---

### Vermont Veterans' Home - [www.vvh.vermont.gov](http://www.vvh.vermont.gov)

325 North St., Bennington, VT .....(802) 442-6353

*Residential and health care campus for veterans.*

---

### Veterans Outpatient Clinic - [www.centralwesternmass.va.gov/locations/pittsfield.asp](http://www.centralwesternmass.va.gov/locations/pittsfield.asp)

78 Center St., Silvio Conte Building, 2nd Floor, Pittsfield .....(413) 499-2672

Mental Health Clinic ..... (413) 584-4040 x2336

*Primary & mental health services for veterans only.*

---

### Veterans Western Massachusetts Call Center

Telephone Care.....(800) 893-1522

*Veterans appointments and health care questions.*

## Volunteers

### Berkshire Non-Profits - [www.berkshirenonprofits.com](http://www.berkshirenonprofits.com)

*Online portal connecting volunteers to non-profit opportunities and vice versa.*

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### Center for Learning in Action (CLiA) - <https://learning-in-action.williams.edu>

983 Main St., Williamstown .....(413) 597-4588

Contact to access volunteers or interns.

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**Community Outreach & Civic Engagement Training @ nbcc**

61 Main St., Suite 218, N. Adams .....(413) 663-7588

*This training offers information on the different social services and the assets of the communities we live in. Participants expand their understanding of being an effective community/neighborhood leader through networking, sharing resource information with the public, and being a role model of community pride and involvement.*

---

**Volunteer Center at MCLA - <http://www.mcla.edu/student-life/service-leadership/volunteer-center/index.php>**

MCLA, 375 Church St., N. Adams.....(413) 662-5251

Contact to access volunteers or interns.

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## Youth Services

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**Berkshire Family YMCA - [www.bfymca.org/locations/northern-berkshire-branch](http://www.bfymca.org/locations/northern-berkshire-branch)**

22 Brickyard Ct., N. Adams .....(413) 663-6529

*Mentoring and recreational programs for youth.*

---

**The Brien Center for Mental Health & Substance Services - [www.briencenter.org](http://www.briencenter.org)**

124 American Legion Dr., N. Adams .....(413) 664-4541

24-hr. crisis line .....(800) 252-0227

*Services include: Outpatient & in-home therapy, intensive care coordination, family support & training, in-home behavioral therapy & therapeutic mentoring available for youth & caregiver's mental health needs. The Continuum, home-based and residential services for youth. Assessment, intervention and treatment to adolescents with substance issues. Addiction prevention and early intervention offered in local schools.*

---

**Playwright Mentoring Program (PMP) -**

**[www.barringtonstageco.org/education-bsc/playwright-mentoring-project](http://www.barringtonstageco.org/education-bsc/playwright-mentoring-project)**

Barrington Stage.....(413) 997-6117

*Theater program for young people age 13-19. Create original theater based on life experience.*

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**ROOTS Teen Center - [www.rootsteencenter.com](http://www.rootsteencenter.com)**

51 Ashland Street, N. Adams .....(413) 663-0033

*A safe and inclusive drop-in center for Northern Berkshire youth ages 13-22.*

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**Salvation Army: Bridging the Gap - [www.salvationarmyma.org/northadams](http://www.salvationarmyma.org/northadams)**

393 River St., N. Adams .....(413) 663-7987

*Life skills training program for court referred teens 11-17.*

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**Williamstown Youth Center, Inc. - [www.williamstownyouthcenter.org](http://www.williamstownyouthcenter.org)**

66 School St., Williamstown .....(413) 458-5925

*Social, recreational and educational programs - after-school, summer - small fee.*

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**Youth Center, Inc. - [www.youthcenterinc.com](http://www.youthcenterinc.com)**

191 Church St., Cheshire .....(413) 743-3550  
*Social, recreational and educational programs and drop-in after-school, summer.*

**Youth Activities/Clubs/Sports**

Visit nbCC's website at [www.nbccoalition.org](http://www.nbccoalition.org) to see a complete list of youth activities, clubs, and sports.

**Additional Area Resources**

**The Community Space at Terra Nova - <https://www.facebook.com/terravanorthadams>**

85 Main St., Suite 105, North Adams ..... [northadams@terravanovachurch.org](mailto:northadams@terravanovachurch.org)  
*Community shared space for programs, gatherings and events that enhance community life. Email for information on capacity and fees.*

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**NBCTC: Northern Berkshire Community Television - [www.nbctc.org](http://www.nbctc.org)**

69 Union St. N. Adams .....(413) 663-9006  
Regular programming ..... Channel 1301  
Educational programming ..... Channel 1302  
Political programming ..... Channel 1303  
*Local coverage of community events, issues, and programs.*

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**Northern Berkshire Community Coalition - [www.nbccoalition.org](http://www.nbccoalition.org)**

61 Main St., Suite 218, N. Adams .....(413) 663-7588  
*Information, connection, and referrals to local organizations, resources, and services. Convenes community members and stakeholders to discuss relevant local issues via monthly forums, workgroups, and taskforces.*

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**Salvation Army - [massachusetts.salvationarmy.org/MA/NorthAdams](http://massachusetts.salvationarmy.org/MA/NorthAdams)**

393 River St., N. Adams .....(413) 663-7588  
*Provides community with faith based support, food access, and other supports.*

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**UNO Community Center, a program of nbCC- [www.https://nbccoalition.org/resources/uno-community-center/](https://nbccoalition.org/resources/uno-community-center/)**

157 River Street, North Adams .....(413) 663-7588  
*Community meeting and event space. Available for private rentals.*

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**WilliNet: Community Television for Williamstown - [www.willinet.org](http://www.willinet.org)**

34 Spring St., Williamstown .....(413) 884-3309  
*Local coverage of community events, issues, and programs.*

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Northern Berkshire Community Coalition

61 Main Street, Suite 218  
North Adams, MA 01247  
(413) 663-7588

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## Emergency Numbers

For Fire, Police or Ambulance from anywhere in Massachusetts.....Dial 911  
Massachusetts State Police .....(413) 743-4700  
National Suicide Prevention Lifeline ..... (800) 273-8255 or 988  
Poison Control Center .....(800) 222-1222

## Quick Reference Numbers

*For food [See page 4-7 for food pantries and meal sites]:*

*In Adams, Pope John Paul Charity Center, (413) 743-0577*

*In North Adams, The Friendship Center Food Pantry, (413) 664-0123*

*In North Adams, St. Vincent DePaul Society, (413) 664-4835*

*In Williamstown, Sts. Patrick and Raphael Parish, (413) 458-4956*

Mass 211 - 24/7 Emergency, Community Information, Referral Services:  
Dial 211 or visit [www.mass211.org](http://www.mass211.org)

*To report elder abuse [24 hr. hotline]: (800) 922-2275*

*To report child abuse [24 hr. hotline]: (800) 792-5200*

*For help with homelessness: Louison House, (413) 663-6323, ext. 4 [line  
staffed 24 hrs.]*

*For domestic & relationship violence support:  
Elizabeth Freeman Center [24-hr. hotline]: (866) 401-2425*

*For mental health care & substance abuse crisis support:  
Brien Center [24-hr. hotline]: (413) 499-0412*

*For general information to help get started:  
Northern Berkshire Community Coalition: (413) 663-7588*

The Northern Berkshire Community  
Coalition is a member agency of:

